



Praying and Watching to Bless All

“I thank Thee, dear Father, that there is nothing between Thee and this little child.”

from *Divinity Course and General Collectanea*,
(the “Blue Book”), by Mary Baker Eddy, page 268

“What I say unto you I say unto all, WATCH.”
— CHRIST JESUS

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A LADY WITH
A LAMP
SHALL STAND
IN THE GREAT
HISTORY OF
THE LAND



A NOBLE TYPE
OF GOOD
HEROIC
WOMANHOOD
Longfellow

Plainfield Christian Science Church, Independent

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Painting by Luanne Tucker

“Then were there brought unto him little children, that he should put his hands on them, and pray: and the disciples rebuked them. But Jesus said, Suffer little children, and forbid them not, to come unto me: for of such is the kingdom of heaven.”

Matthew 19: 13-14

“Jesus loved little children because of their freedom from wrong and their receptiveness of right. While age is halting between two opinions or battling with false beliefs, youth makes easy and rapid strides towards Truth.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy, page 236

“Children, you are a perfect thought of God, made in His image and likeness, surrounded by His love, as by a strong fortress, through which no evil can reach you. God is your Mind, your Life, your strength, and you are governed by Truth and Love. ... You are not weak or easily led astray. You cannot desire to rule and lead others. You are not rebellious or obstinate. You have no human will. God’s will is all, and you are its reflection. Therefore, you will only do right, for you reflect and inherit divine wisdom and understanding. You are spiritual, and Spirit knows all things. ...Your every thought and action are love, goodness, tenderness, gentleness, beauty, holiness, joy, and peace; that peace which passeth all human understanding. In God we live, move, and have being; therefore we are in Life, health, strength, forever. To be conscious of this, is to be in the presence of God — with the Father, who is Life, Truth and Love. Amen. We are the children of the King; why should we mourn?”

from *Watches, Prayers, and Arguments Given to Students*,
by Mary Baker Eddy, page 153-154

“Fruitage”

by Mrs. M.G., Winnipeg, Man.

“As a mother of a family my heart goes out in love and gratitude to that good woman we are privileged to call our Leader, for all she has done through her book for me and mine. Ten years ago I was healed of hereditary deafness and catarrh of the head, simply through reading the book, *Science and Health*. For years previous I had consulted and taken treatment from some of the best specialists for the ear and throat, both in England and America, but grew worse all the time. I was then urged by a lady who had been healed through Christian Science to buy this book and study it. I did so very reluctantly, but had not read fifty pages before I felt I had indeed found the truth which makes free, and can truly say, from that time I have never had a return of the ailment.

“That for which I am, however, most grateful, is the daily help it is to me in my household of young children. I am sure if mothers only knew what Christian Science truly means they would give all they possess to know it. We have seen croup, measles, fever, and various other children’s complaints, so-called, disappear like dew before the morning sun, through the application of Christian Science, — the understanding of God as ever-present and omnipotent. It has been proven to me without a doubt that God is a very present help in trouble, and what a blessed help this wonderful truth is in the training of our children, and how quickly the child grasps it.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy, pages 635-636

Love's All Power

by Florence Roberts

I am so grateful for what Mrs. Eddy taught about the word Love. She said: "There is no discordant claim that you cannot love yourself out of."

There was a time in my life when I would hesitate to use or write the word love — I did not particularly feel it for myself and certainly did not feel it towards others. I felt hurt in so many ways, which made me feel justified in not loving and also, because I thought I was not hurting anyone, at least not openly.

When I learned that if I wasn't feeling Love, then other emotions like fear, worry, uncertainty, resentment, anger, depression must be holding sway, and that indifference is really hate. I started examining my thoughts more, paying attention to what I was feeling, and practicing living this great word, Love. As with all the truths I am learning, I had to accept humbly that I can love because I express God. This meant taking thought off this mortal self, to know and love my spiritual perfection, and to see others the same way, as God's own spiritually perfect children.

How Christ Jesus, Mrs. Eddy and many others could continue to love no matter what, has been a great source of inspiration. The practice of thinking correctly, whenever a wrong thought came about myself or another, whenever I felt bad, and most of the time wherever I am, has made the spirit and the higher meaning of this healing word more natural to me.

I thank God for our individual and collective watches, the teaching to pray unceasingly, because these cannot be done without the true meaning of the word Love.

When asked about how to heal instantaneously, Mrs. Eddy responded: "Just live love — be it — love, love, love. Do not know anything but Love. Be all love. There is nothing else. That will do the work. It will heal everything; . . . Be nothing but love." (*We Knew Mary*)

Baker Eddy, 1979, p. 134) “Love does heal our own ills and lifts others up! And yes, there are no discordant claims that we cannot love ourselves out of. I thank God for all Mrs. Eddy sacrificed to give this Truth to mankind.



Photo by Jeremy

“God’s being is infinity, freedom, harmony, and boundless bliss’ (*Science and Health*), and [mankind] reflect[s] God. So work for a consciousness of harmonious activity, and clear out all sense of person, either good or bad, and know that ... nothing can hinder, delay or limit this God-directed, God-protected, ... activity!”

from *Essays and Other Footprints*, (the “Red Book”),
by Mary Baker Eddy, page 8

“God’s child can never make a mistake; can never lose an opportunity, never cause a regret. His life is bright with abundant goodness, hope and promise. Love has a plan and purpose for everyone to fulfill and none can escape it or fail to perform the will of God.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 228

“To successfully treat children, cut off the parent thought. Man is the offspring of God, not man. The material birth is but the false conception. Realize that matter cannot transmit good or evil. It is inert, unintelligent, and cannot be the medium of intelligence. Seedless oranges are produced by turning the top of the parent plant back to earth, and when rooted disconnecting it. The offspring produces seedless oranges. Detach the thought of the child from the parent and the germs of erroneous seed of the parent thought will cease to impress the child.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 147

“But now thus saith the LORD that created thee, O Jacob, and he that formed thee, O Israel, Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine.”

Isaiah 43:1

“Divine Love maintains [every child] forever at the point of completeness, preserves his every faculty and his individuality; guides each separate idea in continuous unfoldment of the infinite grandeur of spiritual creation.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 65

“Declare daily: No mesmeric influence can prevent the law of spiritual growth, understanding, development, expression, discernment, humility, freedom, health, wealth, and healing from having boundless freedom in your consciousness. No mesmeric influence can separate you from the infinite Mind and its faculty.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 37-38

Praying for Others

by Mary Beth Singleterry

There are many verses in both the Bible and in Mrs. Eddy's writings that I have long loved. The idea of standing in the gap, is a very important one.

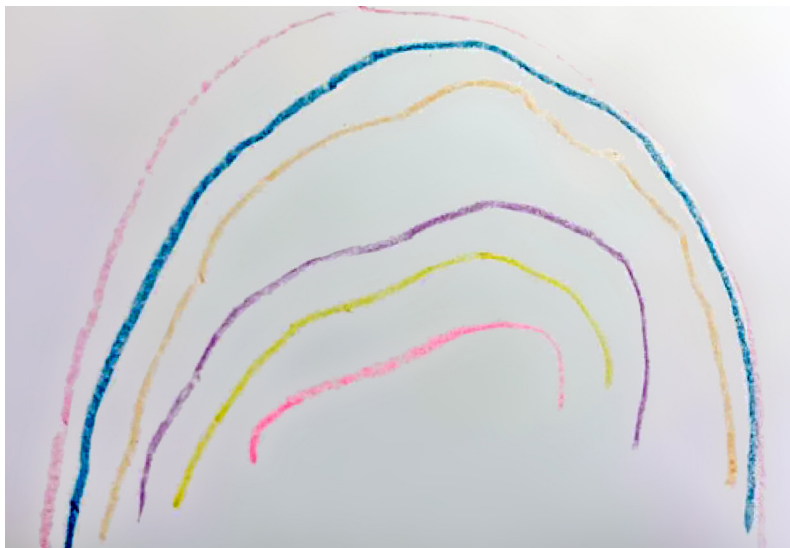
In Christian Science, we are taught not to pray for anyone who does not ask for that help. However, this is something a little different. This is more like what we do in our watches. If you have a loved one in your family that seems to be lost, you certainly have every right, because of your love for them, to "stand in the gap" (Ezekiel 22:30), to be praying for them, to know that they have the mind of Christ and that they can hear God's voice. It is really our duty — and such a privilege too, and we can pray also for our community and for our world.

Whatever holds human thought in line with unselfed love, receives directly the divine power." (S&H, page 192) That line is something I work with every time I do a watch, knowing if I am working unselfishly for others, I am receiving directly that divine power. That is a powerful thought. There is a beautiful prayer that we can say for anyone in Colossians 1 : 9-12, "For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that ye might be filled with the knowledge of his will in all wisdom and spiritual understanding; that ye might walk worthy of the Lord, unto all pleasing, being fruitful in every good work and increasing in the knowledge of God; Strengthened with all might, according to his glorious power, unto all patience and longsuffering with joyfulness; Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light."

It is a pure prayer. You are not praying a personal prayer for something that you want for them, which is not prayer at all, but you are praying that they will be filled with the knowledge of God's will; they will walk in a manner worthy of the Lord; they will bear fruit in

every good work; they will increase in the knowledge of God; they will be strengthened with all power; and that they will joyously give thanks to the Father.

What a prayer is that! That's what we all want, for ourselves and for everyone. This is the prayer that God's will be done. A pure and righteous prayer for which I am so grateful.



Drawing by Emi

Release

In prayer, I silence self, and rise above
My anxious human sense of those I dearly love
I place them all in God's wise care
Knowing they are so much safer there!

by Art Anker

“Grace: the spirit or influence of God operating in man to strengthen and regenerate (to plant holy affections in the heart a virtue of divine origin.)”

from the *1828 Webster’s Dictionary*

“Every pure thought falling silently and gently into human consciousness does its part in cleansing the whole world, just as every falling snowflake does its silent share in transforming the noisomeness of the grimy earth into a soft white blanket of purity.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 223

“God gives to each and every one of His children abundantly all they need, and that supply is not — cannot be — hidden at any time by any mortal law or claim, for all laws and claims of mortal mind are false laws, and of the no-mind, which has no real existence. It is destroyed by Truth now.”

from *Watches, Prayers, and Arguments Given to Students*
by Mary Baker Eddy, page 119

**The Lord's Prayer with spiritual interpretation
Given by Christ Jesus
with spiritual interpretation by Mary Baker Eddy**

Our Father which art in heaven,
Our Father-Mother God, all-harmonious,

Hallowed be Thy name.
Adorable One.

Thy kingdom come.
Thy kingdom is come; Thou art ever-present.

Thy will be done in earth, as it is in heaven.
Enable us to know,— as in heaven, so on earth,— God is omnipotent, supreme.

Give us this day our daily bread;
Give us grace for to-day; feed the famished affections;

And forgive us our debts, as we forgive our debtors.
And Love is reflected in love;

And lead us not into temptation, but deliver us from evil;
And God leadeth us not into temptation, but delivereth us from sin, disease, and death.

For Thine is the kingdom, and the power, and the glory, forever.
For God is infinite, all-power, all Life, Truth, Love, over all, and All.

from *Science and Health*, 1910 edition, by Mary Baker Eddy,
pages 16-17



Painting by Luanne T.

There is One Cause, One Source, One Origin, and that One is God.
“Lamb of God, you must lie down in Truth!”

from *Watches, Prayers, and Arguments Given to Students*, by Mary Baker Eddy,
page 4

You belong to God. You can never be separated from Him as His child, His reflection. You are governed by God, and God is the only power and the only Mind to govern you and all mankind. Therefore, error is powerless and mindless, having no mind to think and no power to express, it must be speechless, and cannot make you, me, or anyone an avenue or channel through which any discord can be expressed. There is no reality in evil therefore it cannot voice itself to any of God’s children, or use them to voice itself. You cannot be confused! As the image and likeness of God, you naturally express a calm, serene mind. You have the ability to think and act rightly and intelligently as the expression of divine Mind. This is your rightful Heritage as the Daughter / Son of the King.

Individual Watch written by member

Thou Gentle Beam of Living Love

I would like to read an excerpt given to me in the very early days by Mr. James Neal, the beloved student and friend of our Leader (Mary Baker Eddy). I have given this before, but I find it so valuable that I cannot resist sharing with you our Leader's own interpretation of "Christmas Morn" in healing a patient.

Thou gentle beam of living Love,

And deathless Life!

Truth infinite is you, as God sees you,

As you see yourself. *

Still I quote our Leader:

"I have taken this hymn and raised a patient who was at the point of passing on in [the] hospital. I held her as a 'gentle beam.' Of what? 'Living Love'— as far above all the strife, all the striving, as far above the conditions that brought her there. 'Or cruel creed'—the doctor's verdict. So far above all cruel edicts, creeds of mortal belief. 'Or earth-born taint'—so far above any taint of inheritance. 'Fill us,' fill her, today, right now, 'with all Thou art.' With what? With 'living Love, and deathless Life, Truth infinite.' Thou all of her. Thou all of me. Fill us, be Thou our all of Life always."

*Verse from Hymn 30 by Mary Baker Eddy, from the *Christian Science Hymnal*

from *The Healer*, by David Keyston page 246

“Children, God is your refuge and a strong deliverer. He will hide you under His wings till the storms are past and the sunlight of His presence cheers and invigorates you with new strength and exaltation.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 115

“Children. The spiritual thoughts and representatives of Life, Truth, and Love.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy,
page 582

“The less that is said of physical structure and laws, and the more that is thought and said about moral and spiritual law, the higher will be the standard of living and the farther mortals will be removed from imbecility or disease.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy,
page 197

Your Background

by Una Willard

Does the argument come to you that you didn't come from a good family, or have the same opportunities as someone else? Stand on the fact that you came forth from God; that your background is God Himself.

You came forth from the background of the infinite grandeur of Mind — from the capabilities and capacities of Principle itself; you came forth from the sound and stable foundation of Truth. Sincerity, genuineness, and fidelity are the very nature of your being.

Thou art Truth's honest child,

Of pure and sinless heart;

— Hymn 382

You came forth from, and are the substance of, Spirit; you are the loved of God. Your whole background is the background of Love, and Love only; and there never has been, and never can be, a power that can change the status of Love's child. You emerged from the background of radiance and beauty.

You were made of the inspiration and stimulation of Soul; Life eternal is your life. You were not created delicate or weak or with a predisposition to take cold and have indigestion. You were created of Life-substance, and Life can never be less than vigorous and warm and energetic and spontaneous. You are Life expressing itself; then there is never anything less than life in your being. Your sense, faculties, and functions are operated by Life, Principle, Mind, Soul, Spirit, Truth, Love.



Drawing by Abby

Child's Prayer

I am the spot where God shines through
He and I are one not two
He wants me where and as I am
I will not worry, fret, nor plan
But if I will be relaxed and free
He will carry out His plan for me.

— Author Unknown.

For the Little Children

God loves you, little children, dear,
And guards you day and night;
You cannot drift beyond His care,
Nor stray beyond His sight.
He is not far off in the skies;
He hears you if you call.
His hand is ever close to yours,
To help you if you fall.
Be sure to know that God is Love
Each night before you sleep;
His angels watching by your side,
Their constant vigil keep.
So rest in slumber, little ones;
God guards the whole night through.
Safe in His arms, you need not fear,
Love watches over you.

Written by Antoinette Holbrook

Infinite Individuality, Form and Comeliness

by Mary Beth Singleterry

The one Ego, the one Mind or Spirit called God, is infinite individuality, which supplies all form and comeliness and which reflects reality and divinity in individual spiritual man and things.” (S&H) This citation is especially meaningful, as the explanation was once given, “I am not God, but God is expressing Himself through me” — quite an awesome thought!

God is expressing Himself through you as joy, health, beauty, intelligence. All that God is, you are as His expression. God is expressing Himself in you as infinite individuality. You are a totally unique production. Take joy in being exactly who you are as God made you. Your individuality is not subject to depression, quirks, moodiness etc., but is radiant, joyful and free! Understanding that your individuality has its source in God is your pathway to finding your true destiny, to finding right and satisfying employment, to finding real worth and a sense of well-being.

God is supplying you with form — and what is form? The 1828 *Webster Dictionary* gives the definition of “form” as “the shape or external appearance of a body; the figure as defined by lines and angles; manner of arranging particulars; beauty; elegance; splendor; dignity.” Pretty wonderful definition, isn’t it? God will supply you with a spectacular form — if you let Him! Your body is the temple of the living God; and its being is, therefore, found only in Spirit — not in the false belief of matter.

And what of comeliness? Comeliness is defined as “becoming; fit; suitable; graceful; and symmetric.” God supplies you with this comeliness! Remember how beautifully and naturally the flowers blossom. Jesus instructed us during his sermon on the mount, “Which of you by taking thought can add one cubit unto his stature? And why take ye thought for raiment? Consider the lilies of the field, how they

grow; they toil not, neither do they spin; And yet I say unto you, that even Solomon in all his glory was not arrayed like one of these.

But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you.” The world is in desperate pursuit of “all these things.” Magazines abound with articles on how to find happiness or how to lose that belly fat. Take this one sentence and apply it to yourself. Know God is supplying you with infinite individuality, form and comeliness. Making this truth practical will certainly help you and all mankind free itself from the slavery of shrinks, endless diets, and plastic surgery!

“Teacher and student should also be familiar with the obstetrics taught by this Science. To attend properly the birth of the new child, or divine idea, you should so detach mortal thought from its material conceptions, that the birth will be natural and safe. Though gathering new energy, this idea cannot injure its useful surroundings in the travail of spiritual birth. A spiritual idea has not a single element of error, and this truth removes properly whatever is offensive.”

“The new idea, conceived and born of Truth and Love, is clad in white garments. Its beginning will be meek, its growth sturdy, and its maturity undecaying. When this new birth takes place, the Christian Science infant is born of the Spirit, born of God, and can cause the mother no more suffering. By this we know that Truth is here and has fulfilled its perfect work.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy, page 463

All Nature Responds to Love

by Nancy Stein

In *Science and Health*, page 508, Mary Baker Eddy states, “The only intelligence or substance of a thought, a seed, or a flower is God, the creator of it.” This brought to mind a wonderful example of this statement in regards to a little hydrangea bush I have. I’ve had this bush for about five years and it hasn’t grown very much, and for the first few years produced no flowers.

The past two years it produced only one single bloom. It was a beautiful flower and it really gave me a lot of joy. So, this spring as the bush started to get its beautiful green leaves, I made it a point to go out each morning and tell it how beautiful it was, and how I was looking forward to seeing it burst forth with the beauty of God, that it was God’s radiant idea. Eventually I saw its first flower starting to form and laughed saying, well, here’s my one bloom; but I was grateful for it and kept going out every morning to tell it how I couldn’t wait to see it burst forth with God’s radiant Love.

To my delight I started to see another flower forming, then another, then another. To say I was overjoyed is an understatement. Unbelievably, that dear little bush now has twenty flowers forming. Proof positive to me, that when love is expressed, every idea of God responds, showing forth its intelligence, substance, and the beauty of God, “the creator of it.”



Photo by Nancy

“There is but one real attraction, that of Spirit. The pointing of the needle to the pole symbolizes this all-embracing power or the attraction of God, divine Mind.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy, page 102

“Let us accept Science, relinquish all theories based on sense-testimony, give up imperfect models and illusive ideals; and so let us have one God, one Mind, and that one perfect, producing His own models of excellence.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy, page 249

“Spirit blesses the multiplication of its own pure and perfect ideas. From the infinite elements of the one Mind emanate all form, color, quality, and quantity, and these are mental, both primarily and secondarily. Their spiritual nature is discerned only through the spiritual senses.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy, page 512

We Are Free Born

by Florence Roberts

“Ye Shall Know the Truth and the Truth Shall Make You Free.” — John 8:32

Through Christian Science I have found the Truth that makes free. It is the Truth about my true being; and my relationship with God. The thought that each of us is forever united with our Father-Mother God is a liberating thought. Christian Science has taught me to be conscious of my spiritual nature and this spiritual unity which gives the confidence to declare the Truth when false claims attempt to dominate my thinking.

I have found that this practice has gradually become a way of thinking, and it is a sure way of reminding myself of the Truth of what God is, His presence and power, and my indestructible unity with Him. Just as a reflection is at one with that which it reflects, this truth of my relationship with God helps me see the unreality of any discord or imperfection. To keep this awareness, I have had to make God first in my life. It means continued study and practice of His laws and the desire to serve Him and do all to glorify Him.

God’s promises are kept, our freedom is never withheld. As the apostle Paul said, “I was free born,” (Acts 22: 28). I know now that God’s infinite Love is forever in operation surrounding all. What God has made, He sustains and protects. It is our own beliefs that form the shackles that keep us in so-called bondage, but the promise of freedom is ever-present. Mrs. Eddy says in *Science and Health*, page 228, “The enslavement of man is not legitimate. It will cease when man enters into his heritage of freedom, his God-given dominion over the material senses. Mortals will some day assert their freedom in the name of Almighty God.” I can say I found that way of freedom when I found the truth about God and His infinite love for me and all mankind. God’s man is indeed free born.

“Pregnancy is the eternal communion between Mind and its idea in which Mind endows its off- spring with its own qualities.”

from *Christian Science Clear and Correct Teaching*,
by Herber Eustace, page 295

“I would ask that all Christians unite in prayer for the cessation of sin, — the oppression of the weak, — the accession of power at the sacrifice of individual rights; and especially that divine Love shield the innocent from the wrath of the guilty, and cause it to praise Love.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 62

“Parents may ruin children by continually snubbing initiative. Many Christian Scientists have learned to protect their children, rather than to direct them, on the basis that their innate impulses are always grand and right, and that nothing but outside evil influences would ever cause them to walk in wrong paths. Hence if they can be protected, their lives will manifest the elements of good that God has bestowed upon the.”

from *Precepts*, by Gilbert Carpenter

Boil Healed

“In 1897, Mrs. Eddy invited her followers to visit her at Pleasant View, July 4th, Independence Day. Many were the followers that traveled that day by train or carriage. One of the attenders, a Mrs. Jessie Cooper, brought her nine-year-old son and seven-year-old daughter all the way from Kansas City. The daughter had been suffering severely from a boil on her curly-haired head. Following Mrs. Eddy’s words to those that had come, she received them through the port-cochere where she was seated on the porch. When Mrs. Cooper and her children reached Mrs. Eddy, quite an impression was made upon the mother whose account was preserved below. “I wish I could make the world know what I saw when Mrs. Eddy looked at those children. It was a revelation to me. I saw for the first time the real Mother-Love, and I knew that I did not have it. I had a strange, agonized sense of being absolutely cut off from the children. It is impossible to put into words what the uncovering of my own lack of the real Mother-Love meant to me.

“As I turned in the procession and walked toward the line of trees in the front of the yard, there was a bird sitting on the limb of a tree, and I saw the same Love, poured out on that bird that I had seen flow from Mrs. Eddy to my children. I looked down at the grass and the flowers and there was the same Love resting on them. It is difficult for me to put into words what I saw. This Love was everywhere, like the light, but it was divine, not mere human affection. I looked at the people milling around on the lawn and I saw it poured out on them. I thought of the various discords in this field, and I saw, for the first time, the absolute unreality of everything but this infinite Love.

“It was not only everywhere present, like the light, but it was an intelligent presence that spoke to me, and I found myself weeping as I walked back and forth under the trees and saying out loud, ‘Why did I never know you before? Why have I not known you always?’ . . . When we got back to the hotel, there was no boil on my child’s head. It was just as flat as the back of her hand. . . . Each time I saw Mrs. Eddy I had a wonderful revelation of God. I know she was no ordinary woman. God had anointed her ‘with the oil of gladness above her fellows’ (Psalms 45: 7).”

from, *The Healer* by David Keyston, pages 119-220

“Could we but fill our consciousness with the thought that every individual idea of God is as fixed in its place in divine Mind as the steadfast stars in their orbits, it would help to dispel the illusion that any of God’s children is out of a position, displaced, out of line with the source of supply. No one of that universe, which is unseen and eternal, is ever out of place, for God is without variableness or shadow of turning, and His ideas reflect His stability.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 225



The night sky over Pilgrim Lake

“Out of heaven he made thee to hear his voice, that he might instruct thee:”

Deuteronomy 4:36

Praying for Your Children

by Mary Beth Singleterry

In today's world, raising children can be a bit challenging! There really can be no greater gift, no more important education, than to keep your child grounded in the truth of knowing He belongs to God, and that God has a good and happy plan for his life. I am very grateful for the loving help I received from a practitioner in regard to raising children. One of the most valuable things I learned was the importance of prayer. It is so important to pray for your children, whether they are 2 years of age or 22! We can pray, knowing God is present in their lives and is working powerfully on their behalf. The Bible assures us that "I (God) will pour My spirit upon thy seed, and My blessing upon thine offspring." (Isa.) How often do we really take the time to think about this wonderful promise? God is pouring out His spirit on your children and blessing them beyond measure!

Our teacher once gave me a wonderful quote from Bicknell Young's, *1937 College*, and asked me to pray with it daily: "A divine idea carries within itself the power to accomplish the divine purpose, and the responsibility of its unfoldment belongs to divine Principle, Who cares for each detail of its progressive being." Your child is a divine idea whom God loves and cares for. Everything your child needs for his unfoldment is already established in Mind. Perhaps most comforting, the responsibility for your child's development belongs to God. He is and will care for every single detail. Isn't that wonderful to know?

Remember the verse in Isaiah, "The angel of His presence saved them: in His love and in His pity He redeemed them; and He bare them, and carried them all the days of old." God's angels are constantly guarding and guiding all those we love. So, no matter what age your children are, releasing them into God's care through the power of prayer will bring blessings into their lives beyond measure!

A Christmas Sermon

“The material questions at this age on the reappearing of the infantile thought of God’s man, are after the manner of a mother in the flesh, though their answers pertain to the spiritual idea, as in Christian Science:—

Is he deformed?

He is wholly symmetrical; the one altogether lovely.

Is the babe a son, or daughter?

Both son and daughter: even the compound idea of all that resembles God.

How much does he weigh?

His substance outweighs the material world.

How old is he?

Of his days there is no beginning and no ending.

What is his name?

Christ Science.

Who are his parents, brothers, and sisters?

His Father and Mother are divine Life, Truth, and Love; and they who do the will of his Father are his brethren.

Is he heir to an estate?

“The government shall be upon his shoulder!” He has dominion over the whole earth; and in admiration of his origin, he exclaims, “I thank Thee, O Father, Lord of heaven and earth, that Thou hast hid these things from the wise and prudent, and hast revealed them unto babes!”

“An absence of eloquence is caused by the belief that schools and colleges possess alone the key to it, or that some especial endowment is wanting; destroy this belief, and you break the shackles of mind that imprison its faculties, and set the captive free to utter the beauties of being. Flowers, birds, waves, mountains and storms are eloquent, and so is man; even the sons of the forest are sometimes orators beyond their learned neighbors, for the reason the nearer we approach our native being, the more we give utterance to Soul; and it is this universal Intelligence outside of language, that supplies all that is sublime, or beautiful in words. It was inquired concerning Jesus, ‘how this man knew letters, having never learned?’ Eloquence is the voice of Soul, the God-utterance untrammelled by books, conventionality, or the fear of man; even the self-accusing reminder he is unlearned, cannot disturb the inspired man.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy,
pages 103-104

“All education should contribute to moral and physical strength and freedom.”

from *Miscellaneous Writings*, by Mary Baker Eddy, page 240

“Growth is governed by intelligence; by the active, all-wise, law-creating, law-disciplining, law-abiding Principle, God.”

from *Miscellaneous Writings*, by Mary Baker Eddy, page 263

TO THE SUNDAY SCHOOL CHILDREN

“Who sent me the picture depictive of Isaiah
xi.”

Jesus loves you! so does mother:
Glad thy Eastertide:
Loving God and one another,
You in Him abide.

Ours through Him who gave you to us,—
Gentle as the dove,
Fondling e’en the lion furious,
Leading kine with love.

Father, in Thy great heart hold them
Ever thus as Thine!
Shield and guide and guard them; and, when
At some siren shrine

They would lay their pure hearts’ off’ring,
Light with wisdom’s ray—
Beacon beams—athwart the weakly,
Rough or treacherous way.

Temper every trembling footfall,
Till they gain at last—
Safe in Science, bright with glory—
Just the way Thou hast:

Then, O tender Love and wisdom,
Crown the lives thus blest
With the guerdon of Thy bosom,
Whereon they may rest!

from *Poems*, by Mary Baker Eddy, pages 43-44

“His works thus prove him. He giveth power, peace, and holiness; he exalteth the lowly; he giveth liberty to the captive, health to the sick, salvation from sin to the sinner—and overcometh the world!”

from *Miscellaneous Writings*, by Mary Baker Eddy, page 167

“Scientific Statement of Being

“Question. — What is the scientific statement of being?

Answer. — There is no life, truth, intelligence, nor substance in matter. All is infinite Mind and its infinite manifestation, for God is All-in-all. Spirit is immortal Truth; matter is mortal error. Spirit is the real and eternal; matter is the unreal and temporal. Spirit is God, and man is His image and likeness. Therefore man is not material; he is spiritual.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy, page 468

“To I.C.T. (1897) Our Cause is immortal; it rests on nothing temporal; it is the cause and effect of all that really exists. What more is left us to desire than its acknowledgement and the unfolding of God, infinite Life, Love! I rejoice that the young folks, yea, the children, are its supporters, embrace it, love it, and will learn to live it.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 151

“In Science man is the offspring of Spirit. The beautiful, good, and pure constitute his ancestry.”

from *Science and Health*, 1910 edition by Mary Baker Eddy,
page 106

“And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.”

Deuteronomy 6

“The divine idea, when correctly understood as the Mighty God or as active, powerful, conscious Good, holds within itself the power to demonstrate itself. “

from *Addresses*, “The Power of a Right Idea,” by Martha Wilcox

“The children are blest above others by Christian Science. It heals them sooner than it can adults; it relieves them from nauseous lotions and big pills. They become good healers sooner than do adults, for they are nearer the kingdom of heaven.... It is the children’s native element; in it they revel in the liberty of health and divine Love. Let the children speak for themselves on this subject.”

from *Essays and Other Footprints*, (the “Red Book”),
by Mary Baker Eddy, page 146



“Train up a child in the way he should go: and when he is old, he will not depart from it.”

Proverbs 22: 6

“How blessed it is to think of [every child of God] as “beneath the shadow of a great rock in a weary land,” safe in His strength, building on His foundation, and covered from the devourer by divine protection and affection. Always bear in mind that His presence, power, and peace meet all human needs and reflect all bliss.”

from *Miscellaneous Writings*, by Mary Baker Eddy, page 263

“The entire education of children should be such as to form habits of obedience to the moral and spiritual law, with which the child can meet and master the belief in so-called physical laws, a belief which breeds disease.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy, page 62

“May 5, 1907. Mr. G.H.K. repeated from Mrs. Eddy: The way I would teach a child to learn the Bible would be to teach her to love it, and then she would go to the Bible to read it for her own entertainment. I would also tell her the Bible in story fashion; it will stick to the memory in that way, and she will become interested to look it up for herself. I would preferably confine myself to the New Testament for a child; but the Old is good, too.”

from *Divinity Course and General Collectanea*, (the “Blue Book”),
by Mary Baker Eddy, page 37

Psalm 23

1 The Lord is my shepherd; I shall not want.

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.



The Shepherdess by Anton Mauve

Christ, Our Shepherd

by Florence Roberts

Psalm 23:1 so beautifully makes this clear: “The Lord is my Shepherd; I shall not want.” That loving statement helps us to realize what a glorious, harmonious inheritance we have! Christ owns all the good we can ever need. That is why we never panic when there appears to be lack of any kind. Knowing ourselves as manifestations of Mind gives us the only certainty of our wellbeing. Only the Christ idea possesses everything good — health, wealth, joy, love, right purpose. It is our oneness with Christ that vanquishes all the false senses of lack and anything discordant. In *Science and Health*, page 242, we read, “There is but one way to heaven, harmony, and Christ in divine Science shows us this way. It is to know no other reality — to have no other consciousness of life — than good, God and His reflection.”

The beautiful sense of the Shepherd’s tender care for his sheep; how he takes each one in the evening and examines it to remove anything harmful, cares for any wounds and lovingly puts each to rest, demonstrates how we are cared for if we humbly walk with Christ, our Shepherd. The Christ, Truth, searches and reveals all the errors that disturb us and will replace them with the truths that give us calm and peace. Yes, an ever-present Shepherd, our Christ, directs, protects, and unfolds all good for us. We learn through Christian Science that the only thing that gives the certainty of all things good is the radical, consistent reliance on the Truth of our Shepherd forever near (God with us).

Our Shepherd’s everlasting fullness assures our completeness; that we should never lack. Hymn 224 from the *Christian Science Hymnal*, reads in part: “When all material streams are dried; Thy fullness is the same; May I with this be satisfied And glory in Thy name!” Let us all be confident and be so grateful for this unchanging Truth, and know it is true also for all our brothers and sisters everywhere.

“Parents do not realize that their children could express the Christ qualities, if these were fostered in them, instead of being ruled out by human domination. ... Once Mrs. Eddy wrote, ‘Mother, clasp thy nestling tenderly, rear thine offspring wisely, for thou knowest not when the mantle of Christ’s presence shall fall upon thine own dear one.’ When parents realize that every child could be the Christ, they see what an error it is not to give every child a chance to fulfill such a destiny. Every child should be considered sacred. Its thought should be developed so that it may be of spiritual value to the world.”

from *Precepts*, by Gilbert Carpenter

“GOD. The great I am; the all-knowing, all-seeing, all-acting, all-wise, all-loving, and eternal; Principle; Mind; Soul; Spirit; Life; Truth; Love; all substance; intelligence.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy,
page 5

“According to the beliefs of the flesh, both good and bad traits of the parents are transmitted to their helpless offspring, and God is supposed to impart to man this fatal power. It is cause for rejoicing that this belief is as false as it is remorseless.”

from *Miscellaneous Writings*, by Mary Baker Eddy, page 72

God guards, guides and governs all children as they go about their activities. Watch lest we think that they are under the influence of any false human system. They are all under God's law of infinite Love and protection.

There is no animal magnetism calling itself contagion, social media, or false education. God, good, fills all space and is Omnipresent; therefore there is no place for discouragement, depression, fear, doubt, division, or isolation. God's child reflects joy, peace, and goodness.

Since Mind controls all, each child's needs are and will be met. Their needs may include friendship, nourishment, and wholesome activity-fun along with the ability to focus on their jobs and academics.

May all people associated with these children express love, purity, joy, justice, vigor, patience, and strength.

Each child is naturally attracted to God and things of God. They are drawn to that which will only bless and uplift.

Children of God, you cannot be denied any manifestation of Good. You are happy, successful, strong, brave, kind, Mind's idea, the heir of God, who is your intelligence and understanding. There is no discord in Truth. All is under God's all Loving omnipotent control! This treatment is the word of God, and cannot be reversed.

Unity Watch from September 3rd, 2021



Painting by Luanne T.

“The unseen, silent forces of God are standing sentinel over me and mine and all, silencing, destroying, and annihilating the unseen, silent arguments of the serpent, material sense.”

from *Watches, Prayers, and Arguments Given to Students*, by Mary Baker Eddy, page 145

“I saw the love of God encircling the universe and man, filling all space, and that divine Love so permeated my own consciousness that I loved with Christ-like compassion everything I saw. This realization of divine Love called into expression the beauty of holiness, the perfection of being which healed and regenerated and saved all who turned to me for help.”

Attributed to Mrs. Eddy from memoirs of Miss Abigail Dyer Thompson, “*Miscellaneous Documents*”, published by Gilbert C. Carpenter, Jr.

Matthew 18

1. At the same time came the disciples unto Jesus, saying, Who is the greatest in the kingdom of heaven?
2. And Jesus called a little child unto him, and set him in the midst of them,
3. And said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.
4. Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven.
5. And whoso shall receive one such little child in my name receiveth me.
6. But whoso shall offend one of these little ones which believe in me, it were better for him that a millstone were hanged about his neck, and that he were drowned in the depth of the sea.
7. Woe unto the world because of offences! for it must needs be that offences come; but woe to that man by whom the offence cometh!

— Christ Jesus

“The Lord bless thee, and keep thee: the Lord make his face shine upon thee, and be gracious unto thee: the Lord lift up his countenance upon thee, and give thee peace.”

Numbers 6: 24-26

“Angels. God’s thoughts passing to man; spiritual intuitions, pure and perfect; the inspiration of goodness, purity, and immortality, counteracting all evil, sensuality, and mortality.”

from *Science and Health*, 1910 edition, by Mary Baker Eddy,
page 581

“At no time, and in no place, can there occur a break in the divine control. God cannot for an instant be separated from His creation, and His laws are established for eternity. Their every activity is preserved, without opposition, resistance, or delay. The majesty of spiritual law forever pursues its glorious way.”

from *Zone to Zone*, by Julia M. Johnson

Psalm 91

¹ He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

² I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

³ Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.

⁴ He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.

⁵ Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;

⁶ Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.

⁷ A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.

⁸ Only with thine eyes shalt thou behold and see the reward of the wicked.

⁹ Because thou hast made the Lord, which is my refuge, even the most High, thy habitation;

¹⁰ There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

¹¹ For he shall give his angels charge over thee, to keep thee in all thy ways.

¹² They shall bear thee up in their hands, lest thou dash thy foot against a stone.

¹³ Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.

¹⁴ Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.

¹⁵ He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him.

¹⁶ With long life will I satisfy him, and shew him my salvation.

¹⁵ He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him.

¹⁶ With long life will I satisfy him, and shew him my salvation.

The Deer's Cry

A Hymn by Saint Patrick

I arise today

Through the strength of heaven;

Light of the sun, Splendor of fire, Speed of lightning, Swiftmess of the
wind, Depth of the sea, Stability of the earth,

Firmness of the rock.

I arise today

Through God's strength to pilot me;

God's might to uphold me, God's wisdom to guide me, God's eye to
look before me, God's ear to hear me, God's word to speak for me,
God's hand to guard me, God's way to lie before me, God's shield to
protect me, God's hosts to save me, Afar and a near,

Alone or in a multitude.

Christ shield me today Against wounding,

Christ with me, Christ before me, Christ behind me, Christ in me,
Christ beneath me, Christ above me, Christ on my right,

Christ on my left,

Christ when I lie down, Christ when I sit down,

Christ in the heart of everyone who thinks of me, Christ in the mouth
of everyone who speaks of me, Christ in the eye that sees me,

Christ in the ear that hears me.

I arise today Through the mighty strength

Of the Lord of creation.



Painting by Luanne T.

Plainfield Christian Science Church
Independent

905 Prospect Avenue

Post Office Box 5619

Plainfield, New Jersey 07061-5619

www.plainfieldcs.com
