

Plainfield Christian Science Church
Independent

Full-Text Lesson Sermon

January 2022

Plainfield, New Jersey, USA

Plainfield Christian Science Church

Independent

905 Prospect Avenue

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Saturday Adult Bible Study – 10:00 a.m.

Sunday Roundtable – 10:00 a.m.

Sunday Service – 11:00 a.m.

Sunday School – 11:00 a.m.

Wednesday Meeting – 8:15 p.m.

This church is not affiliated with
The First Church of Christ, Scientist in Boston, Massachusetts

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*The Lesson is to be studied daily during the week
prior to the Sunday date.*

SUNDAY JANUARY 2, 2022

SUBJECT—GOD

GOLDEN TEXT: PSALM 62 : 11

*“God hath spoken once; twice have I heard this;
that power belongeth unto God.”*

RESPONSIVE READING: **Matthew 26 : 1-4**
John 19 : 1, 9-11
Revelation 19 : 6

1. And it came to pass, when Jesus had finished all these sayings, he said unto his disciples,
2. Ye know that after two days is *the feast of the passover*, and the Son of man is betrayed to be crucified.
3. Then assembled together the chief priests, and the scribes, and the elders of the people, unto the palace of the high priest, who was called Caiaphas,
4. And consulted that they might take Jesus by subtilty, and kill *him*.
1. Then Pilate therefore took Jesus, and scourged *him*.
9. And went again into the judgment hall, and saith unto Jesus, Whence art thou? But Jesus gave him no answer.
10. Then saith Pilate unto him, Speakest thou not unto me? knowest thou not that I have power to crucify thee, and have power to release thee?
11. Jesus answered, Thou couldest have no power *at all* against me, except it were given thee from above:
6. And I heard as it were the voice of a great multitude, and as the voice of many waters, and as the voice of mighty thunderings, saying, Alleluia: for the Lord God omnipotent reigneth.

This Bible Lesson was prepared by Plainfield Christian Science Church, Independent. It is composed of Scriptural Quotations from the King James Bible and Correlative Passages from the Christian Science textbook, Science and Health with Key to the Scriptures, by Mary Baker Eddy.

LESSON SERMON

The Bible

1. I Chronicles 29 : 11-13

11 Thine, O LORD, *is* the greatness, and the power, and the glory, and the victory, and the majesty: for all *that is* in the heaven and in the earth *is thine*; thine *is* the kingdom, O LORD, and thou art exalted as head above all.

12 Both riches and honour *come* of thee, and thou reignest over all; and in thine hand *is* power and might; and in thine hand *it is* to make great, and to give strength unto all.

13 Now therefore, our God, we thank thee, and praise thy glorious name.

2. Deuteronomy 4 : 7, 9, 39, 40

7 For what nation *is there so* great, who *hath* God *so* nigh unto them, as the LORD our God *is* in all *things that* we call upon him *for*?

9 Only take heed to thyself, and keep thy soul diligently, lest thou forget the things which thine eyes have seen, and lest they depart from thy heart all the days of thy life: but teach them thy sons, and thy sons' sons;

39 Know therefore this day, and consider *it* in thine heart, that the LORD he *is* God in heaven above, and upon the earth beneath: *there is* none else.

40 Thou shalt keep therefore his statutes, and his commandments, which I command thee this day, that it may go well with thee, and with thy children after thee, and that thou mayest prolong *thy* days upon the earth, which the LORD thy God giveth thee, for ever.

3. Deuteronomy 5 : 6, 7

6 I *am* the LORD thy God, which brought thee out of the land of Egypt, from the house of bondage.

7 Thou shalt have none other gods before me.

4. Psalm 91 : 9-16

9 Because thou hast made the LORD, *which is* my refuge, *even* the most High, thy habitation;

- 10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.
- 11 For he shall give his angels charge over thee, to keep thee in all thy ways.
- 12 They shall bear thee up in *their* hands, lest thou dash thy foot against a stone.
- 13 Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.
- 14 Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.
- 15 He shall call upon me, and I will answer him: I *will be* with him in trouble; I will deliver him, and honour him.
- 16 With long life will I satisfy him, and shew him my salvation.

5. Luke 4 : 14, 15, 32-40

- 14 And Jesus returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about.
- 15 And he taught in their synagogues, being glorified of all.
- 32 And they were astonished at his doctrine: for his word was with power.
- 33 And in the synagogue there was a man, which had a spirit of an unclean devil, and cried out with a loud voice,
- 34 Saying, Let *us* alone; what have we to do with thee, *thou* Jesus of Nazareth? art thou come to destroy us? I know thee who thou art; the Holy One of God.
- 35 And Jesus rebuked him, saying, Hold thy peace, and come out of him. And when the devil had thrown him in the midst, he came out of him, and hurt him not.
- 36 And they were all amazed, and spake among themselves, saying, What a word *is* this! for with authority and power he commandeth the unclean spirits, and they come out.
- 37 And the fame of him went out into every place of the country round about.
- 38 And he arose out of the synagogue, and entered into Simon's house. And Simon's wife's mother was taken with a great fever; and they besought him for her.

39 And he stood over her, and rebuked the fever; and it left her: and immediately she arose and ministered unto them.

40 Now when the sun was setting, all they that had any sick with divers diseases brought them unto him; and he laid his hands on every one of them, and healed them.

6. Luke 10 : 1-3, 17-19

1 After these things the Lord appointed other seventy also, and sent them two and two before his face into every city and place, whither he himself would come.

2 Therefore said he unto them, The harvest truly *is* great, but the labourers *are* few: pray ye therefore the Lord of the harvest, that he would send forth labourers into his harvest.

3 Go your ways: behold, I send you forth as lambs among wolves.

17 And the seventy returned again with joy, saying, Lord, even the devils are subject unto us through thy name.

18 And he said unto them, I beheld Satan as lightning fall from heaven.

19 Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

7. John 8 : 1, 2 (to ;), 28, 29

1 Jesus went unto the mount of Olives.

2 And early in the morning he came again into the temple, and all the people came unto him;

28 Then said Jesus unto them, When ye have lifted up the Son of man, then shall ye know that I am *he*, and *that* I do nothing of myself; but as my Father hath taught me, I speak these things.

29 And he that sent me is with me: the Father hath not left me alone; for I do always those things that please him.

8. Luke 11 : 1-4

1 And it came to pass, that, as he was praying in a certain place, when he ceased, one of his disciples said unto him, Lord, teach us to pray, as John also taught his disciples.

2 And he said unto them, When ye pray, say, Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done, as in heaven, so in earth.

3 Give us day by day our daily bread.

4 And forgive us our sins; for we also forgive every one that is indebted to us. And lead us not into temptation; but deliver us from evil.

9. Matthew 6 : 13 (For)

13 For thine is the kingdom, and the power, and the glory, for ever. Amen.

Science and Health

1. 587 : 5-8

GOD. The great I AM; the all-knowing, all-seeing, all-acting, all-wise, all-loving, and eternal; Principle; Mind; Soul; Spirit; Life; Truth; Love; all substance; intelligence.

2. 473 : 7-12

The God-principle is omnipresent and omnipotent. God is everywhere, and nothing apart from Him is present or has power. Christ is the ideal Truth, that comes to heal sickness and sin through Christian Science, and attributes all power to God.

3. 228 : 27-29 (to 2nd .)

The humble Nazarene overthrew the supposition that sin, sickness, and death have power. He proved them powerless.

4. 232 : 19-25

Jesus never taught that drugs, food, air, and exercise could make a man healthy, or that they could destroy human life; nor did he illustrate these errors by his practice. He referred man's harmony to Mind, not to matter, and never tried to make of none effect the sentence of God, which sealed God's condemnation of sin, sickness, and death.

5. 157 : 8-10, 26-32

Christian Science exterminates the drug, and rests on Mind alone as the curative Principle, acknowledging that the divine Mind has all power.

Narcotics quiet mortal mind, and so relieve the body; but they leave both mind and body worse for this submission. Christian Science impresses the entire corporeality, — namely, mind and body, — and brings out the proof that Life is continuous and harmonious. Science both neutralizes error and destroys it. Mankind is the better for this spiritual and profound pathology.

6. 158 : 16-23

Drugs, cataplasms, and whiskey are stupid substitutes for the dignity and potency of divine Mind and its efficacy to heal. It is pitiful to lead men into temptation through the byways of this wilderness world, — to victimize the race with intoxicating prescriptions for the sick, until mortal mind acquires an educated appetite for strong drink, and men and women become loathsome sots.

7. 107 : 10-14

Through Christian Science, religion and medicine are inspired with a diviner nature and essence; fresh pinions are given to faith and understanding, and thoughts acquaint themselves intelligently with God.

8. 108 : 19-29

When apparently near the confines of mortal existence, standing already within the shadow of the death-valley, I learned these truths in divine Science: that all real being is in God, the divine Mind, and that Life, Truth, and Love are all-powerful and ever-present; that the opposite of Truth, — called error, sin, sickness, disease, death, — is the false testimony of false material sense, of mind in matter; that this false sense evolves, in belief, a subjective state of mortal mind which this same so-called mind names *matter*, thereby shutting out the true sense of Spirit.

9. 109 : 4-10, 28-12

Christian Science reveals incontrovertibly that Mind is All-in-all, that the only realities are the divine Mind and idea. This great fact is not, however, seen to be supported by sensible evidence, until its divine Principle is demonstrated by healing the sick and thus proved absolute and divine. This proof once seen, no other conclusion can be reached.

Jesus once said of his lessons: "My doctrine is not mine, but His that sent me. If any man will do His will, he shall know of the doctrine, whether it be of God, or whether I speak of myself." (John vii. 16, 17.)

The three great verities of Spirit, omnipotence, omnipresence, omniscience, — Spirit possessing all power, filling all space, constituting all Science, — contradict forever the belief that matter can be actual. These eternal verities reveal primeval existence as the radiant reality of God's creation, in which all that He has made is pronounced by His wisdom good.

Thus it was that I beheld, as never before, the awful unreality called evil. The equipollence of God brought to light another glorious proposition, — man's perfectibility and the establishment of the kingdom of heaven on earth.

10. 479 : 27-7

We admit that black is not a color, because it reflects no light. So evil should be denied identity or power, because it has none of the divine hues. Paul says: "For the invisible things of Him, from the creation of the world, are clearly seen, being understood by the things that are made." (Romans i. 20.) When the substance of Spirit appears in Christian Science, the nothingness of matter is recognized. Where the spirit of God is, and there is no place where God is not, evil becomes nothing, — the opposite of the something of Spirit. If there is no spiritual reflection, then there remains only the darkness of vacuity and not a trace of heavenly tints.

11. 186 : 5-7, 11-16

Christian Science destroys material beliefs through the understanding of Spirit, and the thoroughness of this work determines health.

Evil is a negation, because it is the absence of truth. It is nothing, because it is the absence of something. It is unreal, because it presupposes the absence of God, the omnipotent and omnipresent. Every mortal must learn that there is neither power nor reality in evil.

12. 345 : 7-9

When the omnipotence of God is preached and His absoluteness is set forth, Christian sermons will heal the sick.

13. 392 : 27-3

When the condition is present which you say induces disease, whether it be air, exercise, heredity, contagion, or accident, then perform your office as porter and shut out these unhealthy thoughts and fears. Exclude from mortal mind the offending errors; then the body cannot suffer

from them. The issues of pain or pleasure must come through mind, and like a watchman forsaking his post, we admit the intruding belief, forgetting that through divine help we can forbid this entrance.

14. 393 : 8-15

Mind is the master of the corporeal senses, and can conquer sickness, sin, and death. Exercise this God-given authority. Take possession of your body, and govern its feeling and action. Rise in the strength of Spirit to resist all that is unlike good. God has made man capable of this, and nothing can vitiate the ability and power divinely bestowed on man.

15. 17 : 12-15

For Thine is the kingdom, and the power, and the glory, forever.
For God is infinite, all-power, all Life, Truth, Love, over all, and All.

THE DAILY DUTIES

by Mary Baker Eddy

Daily Prayer

It shall be the duty of every member of this Church to pray each day: "Thy kingdom come;" let the reign of divine Truth, Life, and Love be established in me, and rule out of me all sin; and may Thy Word enrich the affections of all mankind, and govern them!

Church Manual, Article VIII, Sect. 4

A Rule for Motives and Acts

Neither animosity nor mere personal attachment should impel the motives or acts of the members of The Mother Church. In Science, divine Love alone governs man; and a Christian Scientist reflects the sweet amenities of Love, in rebuking sin, in true brotherliness, charitableness, and forgiveness. The members of this Church should daily watch and pray to be delivered from all evil, from prophesying, judging, condemning, counseling, influencing or being influenced erroneously.

Church Manual, Article VIII, Sect. 1

Alertness to Duty

It shall be the duty of every member of this Church to defend himself daily against aggressive mental suggestion, and not be made to forget nor to neglect his duty to God, to his Leader, and to mankind. By his works he shall be judged, — and justified or condemned.

Church Manual, Article VIII, Sect. 6

Take Notice

from *Miscellany*, by Mary Baker Eddy, page 237

To Christian Scientists: — See *Science and Health*,
page 442, line 30, and give daily attention thereto.

**“Christian Scientists, be a law to yourselves that mental malpractice
cannot harm you either when asleep or when awake.”**

(S&H, p. 442)

SUNDAY JANUARY 9, 2022

SUBJECT—SACRAMENT

GOLDEN TEXT: PSALM 40 : 8

“I delight to do thy will, O my God: yea, thy law is within my heart.”

RESPONSIVE READING: **Psalm 119 : 1-7**

1. Blessed *are* the undefiled in the way, who walk in the law of the LORD.
2. Blessed *are* they that keep his testimonies, *and that* seek him with the whole heart.
3. They also do no iniquity: they walk in his ways.
4. Thou hast commanded *us* to keep thy precepts diligently.
5. O that my ways were directed to keep thy statutes!
6. Then shall I not be ashamed, when I have respect unto all thy commandments.
7. I will praise thee with uprightness of heart, when I shall have learned thy righteous judgments.

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LESSON SERMON

The Bible

1. Deuteronomy 30 : 6, 9 (to 1st), 10, 11

- 6 And the LORD thy God will circumcise thine heart, and the heart of thy seed, to love the LORD thy God with all thine heart, and with all thy soul, that thou mayest live.
- 9 And the LORD thy God will make thee plenteous in every work of thine hand,
- 10 If thou shalt hearken unto the voice of the LORD thy God, to keep his commandments and his statutes which are written in this book of the law, *and* if thou turn unto the LORD thy God with all thine heart, and with all thy soul.
- 11 For this commandment which I command thee this day, it *is* not hidden from thee, neither *is* it far off.

2. II Chronicles 34 : 1 (to), 2 (to 2nd), 8 (to sent), 8 (to repair), 14 (Hilkiah), 16 (to 1st), 19, 22 (to 3rd), 23 (to 1st), 26 (as), 27, 29, 30 (to 1st), 30 (and he read)-32, 33 (And all)

- 1 Josiah *was* eight years old when he began to reign,
- 2 And he did *that which was* right in the sight of the LORD, and walked in the ways of David his father,
- 8 Now in the eighteenth year of his reign, when he had purged the land, and the house, he sent ... to repair the house of the LORD his God.
- 14 Hilkiah the priest found a book of the law of the LORD *given* by Moses.
- 16 And Shaphan carried the book to the king,
- 19 And it came to pass, when the king had heard the words of the law, that he rent his clothes.
- 22 And Hilkiah, and *they* that the king *had appointed*, went to Huldah the prophetess,
- 23 And she answered them,

- 26 ...as for the king of Judah, who sent you to inquire of the LORD, so shall ye say unto him, Thus saith the LORD God of Israel *concerning* the words which thou hast heard;
- 27 Because thine heart was tender, and thou didst humble thyself before God, when thou heardest his words against this place, and against the inhabitants thereof, and humbledst thyself before me, and didst rend thy clothes, and weep before me; I have even heard *thee* also, saith the LORD.
- 29 Then the king sent and gathered together all the elders of Judah and Jerusalem.
- 30 And the king went up into the house of the LORD, ... and he read in their ears all the words of the book of the covenant that was found in the house of the LORD.
- 31 And the king stood in his place, and made a covenant before the LORD, to walk after the LORD, and to keep his commandments, and his testimonies, and his statutes, with all his heart, and with all his soul, to perform the words of the covenant which are written in this book.
- 32 And he caused all that were present in Jerusalem and Benjamin to stand *to it*. And the inhabitants of Jerusalem did according to the covenant of God, the God of their fathers.
- 33 *And* all his days they departed not from following the LORD, the God of their fathers.

3. **Matthew 15 : 1**

- 1 Then came to Jesus scribes and Pharisees, which were of Jerusalem, saying,

4. **Mark 7 : 5 (Why)-8**

- 5 Why walk not thy disciples according to the tradition of the elders, but eat bread with unwashen hands?
- 6 He answered and said unto them, Well hath Esaias prophesied of you hypocrites, as it is written, This people honoureth me with *their* lips, but their heart is far from me.
- 7 Howbeit in vain do they worship me, teaching *for* doctrines the commandments of men.
- 8 For laying aside the commandment of God, ye hold the tradition of men, *as* the washing of pots and cups: and many other such like things ye do.

5. Mark 12 : 28-34

- 28 And one of the scribes came, and having heard them reasoning together, and perceiving that he had answered them well, asked him, Which is the first commandment of all?
- 29 And Jesus answered him, The first of all the commandments *is*, Hear, O Israel; The Lord our God is one Lord:
- 30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this *is* the first commandment.
- 31 And the second *is* like, *namely* this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.
- 32 And the scribe said unto him, Well, Master, thou hast said the truth: for there is one God; and there is none other but he:
- 33 And to love him with all the heart, and with all the understanding, and with all the soul, and with all the strength, and to love *his* neighbour as himself, is more than all whole burnt offerings and sacrifices.
- 34 And when Jesus saw that he answered discreetly, he said unto him, Thou art not far from the kingdom of God. And no man after that durst ask him *any question*.

6. John 5 : 39

- 39 Search the scriptures; for in them ye think ye have eternal life: and they are they which testify of me.

7. Ephesians 1 : 3, 4, 12, 13

- 3 Blessed *be* the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly *places* in Christ:
- 4 According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:
- 12 That we should be to the praise of his glory, who first trusted in Christ.
- 13 In whom ye also *trusted*, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise,

Science and Health

1. 496 : 6 (in Christian)-8

...in Christian Science the first duty is to obey God, to have one Mind, and to love another as yourself.

2. 9 : 5-16

The test of all prayer lies in the answer to these questions: Do we love our neighbor better because of this asking? Do we pursue the old selfishness, satisfied with having prayed for something better, though we give no evidence of the sincerity of our requests by living consistently with our prayer? If selfishness has given place to kindness, we shall regard our neighbor unselfishly, and bless them that curse us; but we shall never meet this great duty simply by asking that it may be done. There is a cross to be taken up before we can enjoy the fruition of our hope and faith.

3. 239 : 13-32

The watchword of Christian Science is Scriptural: "Let the wicked forsake his way, and the unrighteous man his thoughts."

To ascertain our progress, we must learn where our affections are placed and whom we acknowledge and obey as God. If divine Love is becoming nearer, dearer, and more real to us, matter is then submitting to Spirit. The objects we pursue and the spirit we manifest reveal our standpoint, and show what we are winning.

Mortal mind is the acknowledged seat of human motives. It forms material concepts and produces every discordant action of the body. If action proceeds from the divine Mind, action is harmonious. If it comes from erring mortal mind, it is discordant and ends in sin, sickness, death. Those two opposite sources never mingle in fount or stream. The perfect Mind sends forth perfection, for God is Mind. Imperfect mortal mind sends forth its own resemblances, of which the wise man said, "All is vanity."

4. 9 : 17-21 (to 1st .), 25-4

Dost thou "love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind"? This command includes much, even the surrender of all merely material sensation, affection, and worship.

Are you willing to leave all for Christ, for Truth, and so be counted among sinners? No! Do you really desire to attain this point? No! Then why make long prayers about it and ask to be Christians, since you do not care to tread in the footsteps of our dear Master? If unwilling to follow his example, why pray with the lips that you may be partakers of his nature? Consistent prayer is the desire to do right. Prayer means that we desire to walk and will walk in the light so far as we receive it, even though with bleeding footsteps, and that waiting patiently on the Lord, we will leave our real desires to be rewarded by Him.

5. 256 : 19-23

Who is it that demands our obedience? He who, in the language of Scripture, "doeth according to His will in the army of heaven, and among the inhabitants of the earth; and none can stay His hand, or say unto Him, What doest Thou?"

6. 184 :12-18

Truth, Life, and Love are the only legitimate and eternal demands on man, and they are spiritual lawgivers, enforcing obedience through divine statutes.

Controlled by the divine intelligence, man is harmonious and eternal. Whatever is governed by a false belief is discordant and mortal.

7. 375 : 11-20

The Christian Scientist demonstrates that divine Mind heals, while the hypnotist dispossesses the patient of his individuality in order to control him. No person is benefited by yielding his mentality to any mental despotism or malpractice. All unscientific mental practice is erroneous and powerless, and should be understood and so rendered fruitless. The genuine Christian Scientist is adding to his patient's mental and moral power, and is increasing his patient's spirituality while restoring him physically through divine Love.

8. 381 : 8-12, 15-4

When infringing some supposed law, you say that there is danger. This fear is the danger and induces the physical effects. We cannot in reality suffer from breaking anything except a moral or spiritual law. ... God is the lawmaker, but He is not the author of barbarous codes. In infinite Life and Love there is no sickness, sin, nor death, and the Scriptures declare that we live, move, and have our being in the infinite God.

Think less of the enactments of mortal mind, and you will sooner grasp man's God-given dominion. You must understand your way out of human theories relating to health, or you will never believe that you are quite free from some ailment. The harmony and immortality of man will never be reached without the understanding that Mind is not in matter. Let us banish sickness as an outlaw, and abide by the rule of perpetual harmony, — God's law. It is man's moral right to annul an unjust sentence, a sentence never inflicted by divine authority.

Christ Jesus overruled the error which would impose penalties for transgressions of the physical laws of health; he annulled supposed laws of matter, opposed to the harmonies of Spirit, lacking divine authority and having only human approval for their sanction.

9. 307 : 25 (The divine)-30

The divine Mind is the Soul of man, and gives man dominion over all things. Man was not created from a material basis, nor bidden to obey material laws which Spirit never made; his province is in spiritual statutes, in the higher law of Mind.

10. 311 : 22-25

When humanity does understand this Science, it will become the law of Life to man, — even the higher law of Soul, which prevails over material sense through harmony and immortality.

11. 497 : 24(And)-27

And we solemnly promise to watch, and pray for that Mind to be in us which was also in Christ Jesus; to do unto others as we would have them do unto us; and to be merciful, just, and pure.

THE DAILY DUTIES

by Mary Baker Eddy

Daily Prayer

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from *Miscellany*, by Mary Baker Eddy, page 237

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page 442, line 30, and give daily attention thereto.

**“Christian Scientists, be a law to yourselves that mental malpractice
cannot harm you either when asleep or when awake.”**

(S&H, p. 442)

SUNDAY JANUARY 16, 2022

SUBJECT—LIFE

GOLDEN TEXT: MATTHEW 5 : 16

*“Let your light so shine before men, that they may see your good works,
and glorify your Father which is in heaven.”*

RESPONSIVE READING: **James 1 : 17, 18**
Ephesians 4 : 11-15

17. Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.
18. Of his own will begat he us with the word of truth, that we should be a kind of firstfruits of his creatures.
11. And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers;
12. For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ:
13. Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ:
14. That we *henceforth* be no more children, tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, *and* cunning craftiness, whereby they lie in wait to deceive;
15. But speaking the truth in love, may grow up into him in all things, which is the head, *even* Christ.

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LESSON SERMON

The Bible

1. Proverbs 12 : 28

28 In the way of righteousness *is* life; and *in* the pathway *thereof there is* no death.

2. Psalm 16 : 5, 6, 11

5 The LORD *is* the portion of mine inheritance and of my cup: thou maintainest my lot.

6 The lines are fallen unto me in pleasant *places*; yea, I have a goodly heritage.

11 Thou wilt shew me the path of life: in thy presence *is* fulness of joy; at thy right hand *there are* pleasures for evermore.

3. Isaiah 38 : 1-6, 9, 16-19

1 In those days was Hezekiah sick unto death. And Isaiah the prophet the son of Amoz came unto him, and said unto him, Thus saith the LORD, Set thine house in order: for thou shalt die, and not live.

2 Then Hezekiah turned his face toward the wall, and prayed unto the LORD,

3 And said, Remember now, O LORD, I beseech thee, how I have walked before thee in truth and with a perfect heart, and have done *that which is* good in thy sight. And Hezekiah wept sore.

4 Then came the word of the LORD to Isaiah, saying,

5 Go, and say to Hezekiah, Thus saith the LORD, the God of David thy father, I have heard thy prayer, I have seen thy tears: behold, I will add unto thy days fifteen years.

6 And I will deliver thee and this city out of the hand of the king of Assyria: and I will defend this city.

9 The writing of Hezekiah king of Judah, when he had been sick, and was recovered of his sickness:

- 16 O Lord, by these *things men* live, and in all these *things is* the life of my spirit: so wilt thou recover me, and make me to live.
- 17 Behold, for peace I had great bitterness: but thou hast in love to my soul *delivered it* from the pit of corruption: for thou hast cast all my sins behind thy back.
- 18 For the grave cannot praise thee, death can *not* celebrate thee: they that go down into the pit cannot hope for thy truth.
- 19 The living, the living, he shall praise thee, as I *do* this day: the father to the children shall make known thy truth.

4. Acts 9 : 36-42

- 36 Now there was at Joppa a certain disciple named Tabitha, which by interpretation is called Dorcas: this woman was full of good works and almsdeeds which she did.
- 37 And it came to pass in those days, that she was sick, and died: whom when they had washed, they laid *her* in an upper chamber.
- 38 And forasmuch as Lydda was nigh to Joppa, and the disciples had heard that Peter was there, they sent unto him two men, desiring *him* that he would not delay to come to them.
- 39 Then Peter arose and went with them. When he was come, they brought him into the upper chamber: and all the widows stood by him weeping, and shewing the coats and garments which Dorcas made, while she was with them.
- 40 But Peter put them all forth, and kneeled down, and prayed; and turning *him* to the body said, Tabitha, arise. And she opened her eyes: and when she saw Peter, she sat up.
- 41 And he gave her *his* hand, and lifted her up, and when he had called the saints and widows, presented her alive.
- 42 And it was known throughout all Joppa; and many believed in the Lord.

5. Ephesians 4 : 1-7

- 1 I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called,

2 With all lowliness and meekness, with longsuffering, forbearing one another in love;

3 Endeavouring to keep the unity of the Spirit in the bond of peace.

4 *There is* one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who *is* above all, and through all, and in you all.

7 But unto every one of us is given grace according to the measure of the gift of Christ.

6. Philippians 2 : 12 (work)-16

12 ...work out your own salvation with fear and trembling.

13 For it is God which worketh in you both to will and to do of *his* good pleasure.

14 Do all things without murmurings and disputings:

15 That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world;

16 Holding forth the word of life; that I may rejoice in the day of Christ, that I have not run in vain, neither laboured in vain.

7. II Timothy 1 : 7-10

7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

8 Be not thou therefore ashamed of the testimony of our Lord, nor of me his prisoner: but be thou partaker of the afflictions of the gospel according to the power of God;

9 Who hath saved us, and called *us* with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began,

10 But is now made manifest by the appearing of our Saviour Jesus Christ, who hath abolished death, and hath brought life and immortality to light through the gospel:

8. Revelation 22 : 14

¹⁴ Blessed *are* they that do his commandments, that they may have right to the tree of life, and may enter in through the gates into the city.

9. Romans 8 : 28

²⁸ And we know that all things work together for good to them that love God, to them who are the called according to *his* purpose.

Science and Health

1. 200 : 11 (Life)-12 (to 1st ,)

Life is God, and man is the idea of God,

2. 63 : 5-11

In Science man is the offspring of Spirit. The beautiful, good, and pure constitute his ancestry. His origin is not, like that of mortals, in brute instinct, nor does he pass through material conditions prior to reaching intelligence. Spirit is his primitive and ultimate source of being; God is his Father, and Life is the law of his being.

3. 202 : 3-5, 17-23

The scientific unity which exists between God and man must be wrought out in life-practice, and God's will must be universally done.

The days of our pilgrimage will multiply instead of diminish, when God's kingdom comes on earth; for the true way leads to Life instead of to death, and earthly experience discloses the finity of error and the infinite capacities of Truth, in which God gives man dominion over all the earth.

4. 516 : 4-12

The substance, Life, intelligence, Truth, and Love, which constitute Deity, are reflected by His creation; and when we subordinate the false testimony of the corporeal senses to the facts of Science, we shall see this true likeness and reflection everywhere.

God fashions all things, after His own likeness. Life is reflected in existence, Truth in truthfulness, God in goodness, which impart their own peace and permanence.

5. 487 : 3-12

Life is deathless. Life is the origin and ultimate of man, never attainable through death, but gained by walking in the pathway of Truth both before and after that which is called death. There is more Christianity in seeing and hearing spiritually than materially. There is more Science in the perpetual exercise of the Mind-faculties than in their loss. Lost they cannot be, while Mind remains. The apprehension of this gave sight to the blind and hearing to the deaf centuries ago, and it will repeat the wonder.

6. 376 : 10-16

The pallid invalid, whom you declare to be wasting away with consumption of the blood, should be told that blood never gave life and can never take it away, — that Life is Spirit, and that there is more life and immortality in one good motive and act, than in all the blood, which ever flowed through mortal veins and simulated a corporeal sense of life.

7. 550 : 15-24

Error of thought is reflected in error of action. The continual contemplation of existence as material and corporeal — as beginning and ending, and with birth, decay, and dissolution as its component stages — hides the true and spiritual Life, and causes our standard to trail in the dust. If Life has any starting-point whatsoever, then the great I AM is a myth. If Life is God, as the Scriptures imply, then Life is not embryonic, it is infinite. An egg is an impossible enclosure for Deity.

8. 260 : 13-7

Science reveals the possibility of achieving all good, and sets mortals at work to discover what God has already done; but distrust of one's ability to gain the goodness desired and to bring out better and higher results, often hampers the trial of one's wings and ensures failure at the outset.

Mortals must change their ideals in order to improve their models. A sick body is evolved from sick thoughts. Sickness, disease, and death proceed from fear. Sensualism evolves bad physical and moral conditions.

Selfishness and sensualism are educated in mortal mind by the thoughts ever recurring to one's self, by conversation about the body, and by the expectation of perpetual pleasure or pain from it; and this education is at the expense of spiritual growth. If we array thought in mortal vestures, it must lose its immortal nature.

If we look to the body for pleasure, we find pain; for Life, we find death; for Truth, we find error; for Spirit, we find its opposite, matter. Now reverse this action. Look away from the body

into Truth and Love, the Principle of all happiness, harmony, and immortality. Hold thought steadfastly to the enduring, the good, and the true, and you will bring these into your experience proportionably to their occupancy of your thoughts.

9. 289 : 1-6

Truth demonstrated is eternal life. Mortal man can never rise from the temporal *débris* of error, belief in sin, sickness, and death, until he learns that God is the only Life. The belief that life and sensation are in the body should be overcome by the understanding of what constitutes man as the image of God.

10. 324 : 7-18

Unless the harmony and immortality of man are becoming more apparent, we are not gaining the true idea of God; and the body will reflect what governs it, whether it be Truth or error, understanding or belief, Spirit or matter. Therefore "acquaint now thyself with Him, and be at peace." Be watchful, sober, and vigilant. The way is straight and narrow, which leads to the understanding that God is the only Life. It is a warfare with the flesh, in which we must conquer sin, sickness, and death, either here or hereafter, — certainly before we can reach the goal of Spirit, or life in God.

11. 249 : 1-11

Let us accept Science, relinquish all theories based on sense-testimony, give up imperfect models and illusive ideals; and so let us have one God, one Mind, and that one perfect, producing His own models of excellence.

Let the "male and female" of God's creating appear. Let us feel the divine energy of Spirit, bringing us into newness of life and recognizing no mortal nor material power as able to destroy. Let us rejoice that we are subject to the divine "powers that be." Such is the true Science of being. Any other theory of Life, or God, is delusive and mythological.

12. 496 : 9-19

We all must learn that Life is God. Ask yourself: Am I living the life that approaches the supreme good? Am I demonstrating the healing power of Truth and Love? If so, then the way will grow brighter "unto the perfect day." Your fruits will prove what the understanding of God brings to man. Hold perpetually this thought, — that it is the spiritual idea, the Holy Ghost and Christ, which enables you to demonstrate, with scientific certainty, the rule of healing, based upon its divine Principle, Love, underlying, overlying, and encompassing all true being.

THE DAILY DUTIES

by Mary Baker Eddy

Daily Prayer

It shall be the duty of every member of this Church to pray each day: "Thy kingdom come;" let the reign of divine Truth, Life, and Love be established in me, and rule out of me all sin; and may Thy Word enrich the affections of all mankind, and govern them!

Church Manual, Article VIII, Sect. 4

A Rule for Motives and Acts

Neither animosity nor mere personal attachment should impel the motives or acts of the members of The Mother Church. In Science, divine Love alone governs man; and a Christian Scientist reflects the sweet amenities of Love, in rebuking sin, in true brotherliness, charitableness, and forgiveness. The members of this Church should daily watch and pray to be delivered from all evil, from prophesying, judging, condemning, counseling, influencing or being influenced erroneously.

Church Manual, Article VIII, Sect. 1

Alertness to Duty

It shall be the duty of every member of this Church to defend himself daily against aggressive mental suggestion, and not be made to forget nor to neglect his duty to God, to his Leader, and to mankind. By his works he shall be judged, — and justified or condemned.

Church Manual, Article VIII, Sect. 6

Take Notice

from *Miscellany*, by Mary Baker Eddy, page 237

To Christian Scientists: — See *Science and Health*,
page 442, line 30, and give daily attention thereto.

**“Christian Scientists, be a law to yourselves that mental malpractice
cannot harm you either when asleep or when awake.”**

(S&H, p. 442)

SUNDAY JANUARY 23, 2022

SUBJECT—TRUTH

GOLDEN TEXT: JAMES 1 : 18

*“Of his own will begat he us with the word of truth, that we
should be a kind of firstfruits of his creatures.”*

RESPONSIVE READING: **Psalm 1 : 1-3, 6**
Psalm 92 : 12-14
Psalm 86 : 11

1. Blessed *is* the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.
2. But his delight *is* in the law of the LORD; and in his law doth he meditate day and night.
3. And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.
6. For the LORD knoweth the way of the righteous.
12. The righteous shall flourish like the palm tree: he shall grow like a cedar in Lebanon.
13. Those that be planted in the house of the LORD shall flourish in the courts of our God.
14. They shall still bring forth fruit in old age; they shall be fat and flourishing.
11. Teach me thy way, O LORD; I will walk in thy truth.

This Bible Lesson was prepared by Plainfield Christian Science Church, Independent. It is composed of Scriptural Quotations from the King James Bible and Correlative Passages from the Christian Science textbook, Science and Health with Key to the Scriptures, by Mary Baker Eddy.

LESSON SERMON

The Bible

1. Isaiah 55 : 1, 3 (to 3rd), 8-11

- ¹ Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat; yea, come, buy wine and milk without money and without price.
- ³ Incline your ear, and come unto me: hear, and your soul shall live; and I will make an everlasting covenant with you,
- ⁸ For my thoughts *are* not your thoughts, neither *are* your ways my ways, saith the Lord.
- ⁹ For *as* the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.
- ¹⁰ For as the rain cometh down, and the snow from heaven, and returneth not thither, but watereth the earth, and maketh it bring forth and bud, that it may give seed to the sower, and bread to the eater:
- ¹¹ So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper *in the thing* whereto I sent it.

2. Matthew 13 : 1

- ¹ The same day went Jesus out of the house, and sat by the sea side.

3. Luke 8 : 4-8, 11-15

- ⁴ And when much people were gathered together, and were come to him out of every city, he spake by a parable:
- ⁵ A sower went out to sow his seed: and as he sowed, some fell by the way side; and it was trodden down, and the fowls of the air devoured it.
- ⁶ And some fell upon a rock; and as soon as it was sprung up, it withered away, because it lacked moisture.

- 7 And some fell among thorns; and the thorns sprang up with it, and choked it.
- 8 And other fell on good ground, and sprang up, and bare fruit an hundredfold. And when he had said these things, he cried, He that hath ears to hear, let him hear.
- 11 Now the parable is this: The seed is the word of God.
- 12 Those by the way side are they that hear; then cometh the devil, and taketh away the word out of their hearts, lest they should believe and be saved.
- 13 They on the rock *are they*, which, when they hear, receive the word with joy; and these have no root, which for a while believe, and in time of temptation fall away.
- 14 And that which fell among thorns are they, which, when they have heard, go forth, and are choked with cares and riches and pleasures of *this* life, and bring no fruit to perfection.
- 15 But that on the good ground are they, which in an honest and good heart, having heard the word, keep *it*, and bring forth fruit with patience.

4. **Matthew 13 : 31-35**

- 31 Another parable put he forth unto them, saying, The kingdom of heaven is like to a grain of mustard seed, which a man took, and sowed in his field:
- 32 Which indeed is the least of all seeds: but when it is grown, it is the greatest among herbs, and becometh a tree, so that the birds of the air come and lodge in the branches thereof.
- 33 Another parable spake he unto them; The kingdom of heaven is like unto leaven, which a woman took, and hid in three measures of meal, till the whole was leavened.
- 34 All these things spake Jesus unto the multitude in parables; and without a parable spake he not unto them:
- 35 That it might be fulfilled which was spoken by the prophet, saying, I will open my mouth in parables; I will utter things which have been kept secret from the foundation of the world.

5. **Luke 9 : 1, 2, 6**

- 1 Then he called his twelve disciples together, and gave them power and authority over all devils, and to cure diseases.

2 And he sent them to preach the kingdom of God, and to heal the sick.

6 And they departed, and went through the towns, preaching the gospel, and healing every where.

6. II Corinthians 9 : 6 (He), 7 (to ;), 8, 10 (to ;), 11

6 He which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap also bountifully.

7 Every man according as he purposeth in his heart, *so let him give*;

8 And God *is* able to make all grace abound toward you; that ye, always having all sufficiency in all *things*, may abound to every good work:

10 Now he that ministereth seed to the sower both minister bread for *your* food, and multiply your seed sown, and increase the fruits of your righteousness;

11 Being enriched in every thing to all bountifulness, which causeth through us thanksgiving to God.

7. I Peter 2 : 11-14 (to 1st), 15

11 Dearly beloved, I beseech *you* as strangers and pilgrims, abstain from fleshly lusts, which war against the soul;

12 Having your conversation honest among the Gentiles: that, whereas they speak against you as evildoers, they may by *your* good works, which they shall behold, glorify God in the day of visitation.

13 Submit yourselves to every ordinance of man for the Lord's sake: whether it be to the king, as supreme;

14 Or unto governors,

15 For so is the will of God, that with well doing ye may put to silence the ignorance of foolish men:

8. I Peter 3 : 8, 9

⁸ Finally, *be ye* all of one mind, having compassion one of another, love as brethren, *be* pitiful, *be* courteous:

⁹ Not rendering evil for evil, or railing for railing: but contrariwise blessing; knowing that ye are thereunto called, that ye should inherit a blessing.

Science and Health

1. 293 : 28-31

Christian Science brings to light Truth and its supremacy, universal harmony, the entireness of God, good, and the nothingness of evil.

2. 322 : 31-5

It is easier to desire Truth than to rid one's self of error. Mortals may seek the understanding of Christian Science, but they will not be able to glean from Christian Science the facts of being without striving for them. This strife consists in the endeavor to forsake error of every kind and to possess no other consciousness but good.

3. 4 : 12-24 (to ;)

The habitual struggle to be always good is unceasing prayer. Its motives are made manifest in the blessings they bring, — blessings which, even if not acknowledged in audible words, attest our worthiness to be partakers of Love.

Simply asking that we may love God will never make us love Him; but the longing to be better and holier, expressed in daily watchfulness and in striving to assimilate more of the divine character, will mould and fashion us anew, until we awake in His likeness. We reach the Science of Christianity through demonstration of the divine nature;

4. 323 : 13-16

In order to apprehend more, we must put into practice what we already know. We must recollect that Truth is demonstrable when understood, and that good is not understood until demonstrated.

5. 361 : 23-30 (to ,)

A human perception of divine Science, however limited, must be correct in order to be Science and subject to demonstration. A germ of infinite Truth, though least in the kingdom of heaven is the higher hope on earth, but it will be rejected and reviled until God prepares the soil for the seed. That which when sown bears immortal fruit, enriches mankind only when it is understood,

6. 272 : 3-8

The spiritual sense of truth must be gained before Truth can be understood. This sense is assimilated only as we are honest, unselfish, loving, and meek. In the soil of an "honest and good heart" the seed must be sown; else it beareth not much fruit, for the swinish element in human nature uproots it.

7. 535 : 1-5

The seed of Truth and the seed of error, of belief and of understanding, — yea, the seed of Spirit and the seed of matter, — are the wheat and tares which time will separate, the one to be burned, the other to be garnered into heavenly places.

8. 428 : 8-12

To divest thought of false trusts and material evidences in order that the spiritual facts of being may appear, — this is the great attainment by means of which we shall sweep away the false and give place to the true.

9. 418 : 5-11, 20-32

Stick to the truth of being in contradistinction to the error that life, substance, or intelligence can be in matter. Plead with an honest conviction of truth and a clear perception of the unchanging, unerring, and certain effect of divine Science. Then, if your fidelity is half equal to the truth of your plea, you will heal the sick.

Truth is affirmative, and confers harmony. All metaphysical logic is inspired by this simple rule of Truth, which governs all reality. By the truthful arguments you employ, and especially by the spirit of Truth and Love which you entertain, you will heal the sick.

Include moral as well as physical belief in your efforts to destroy error. Cast out all manner of evil. "Preach the gospel to every creature." Speak the truth to every form of error. Tumors, ulcers, tubercles, inflammation, pain, deformed joints, are waking dream-shadows, dark images of mortal thought, which flee before the light of Truth.

10. 419 : 4-16

Your true course is to destroy the foe, and leave the field to God, Life, Truth, and Love, remembering that God and His ideas alone are real and harmonious.

If your patient from any cause suffers a relapse, meet the cause mentally and courageously, knowing that there can be no reaction in Truth. Neither disease itself, sin, nor fear has the power to cause disease or a relapse. Disease has no intelligence with which to move itself about or to change itself from one form to another. If disease moves, mind, not matter, moves it; therefore be sure that you move it off. Meet every adverse circumstance as its master.

11. 183 : 17 (the)-18, 26-29

...the legitimate and only possible action of Truth is the production of harmony.

Truth casts out all evils and materialistic methods with the actual spiritual law, — the law which gives sight to the blind, hearing to the deaf, voice to the dumb, feet to the lame.

12. 232 : 26-31

In the sacred sanctuary of Truth are voices of solemn import, but we heed them not. It is only when the so-called pleasures and pains of sense pass away in our lives, that we find unquestionable signs of the burial of error and the resurrection to spiritual life.

13. 496 : 9 (Ask)-14

Ask yourself: Am I living the life that approaches the supreme good? Am I demonstrating the healing power of Truth and Love? If so, then the way will grow brighter "unto the perfect day." Your fruits will prove what the understanding of God brings to man.

14. 326 : 16-22

The purpose and motive to live aright can be gained now. This point won, you have started as you should. You have begun at the numeration-table of Christian Science, and nothing but wrong intention can hinder your advancement. Working and praying with true motives, your Father will open the way. "Who did hinder you, that ye should not obey the truth?"

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by Mary Baker Eddy

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cannot harm you either when asleep or when awake.”**

(S&H, p. 442)

SUNDAY JANUARY 30, 2022

SUBJECT—LOVE

GOLDEN TEXT: JEREMIAH 31 : 3

“The LORD hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee.”

RESPONSIVE READING: **Romans 8 : 31, 35, 37-39**

- 31. If God *be* for us, who *can be* against us?
- 35. Who shall separate us from the love of Christ? *shall* tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?
- 37. Nay, in all these things we are more than conquerors through him that loved us.
- 38. For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,
- 39. Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

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LESSON SERMON

The Bible

1. Deuteronomy 33 : 27 (to :)

27 The eternal God *is thy* refuge, and underneath *are* the everlasting arms:

2. Isaiah 43 : 1-3 (to :), 4 (to :)

1 But now thus saith the LORD that created thee, O Jacob, and he that formed thee, O Israel, Fear not: for I have redeemed thee, I have called *thee* by thy name; thou *art* mine.

2 When thou passest through the waters, I *will be* with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.

3 For I *am* the LORD thy God, the Holy One of Israel, thy Saviour:

4 Since thou wast precious in my sight, thou hast been honourable, and I have loved thee:

3. Mark 1 : 14 (Jesus)-18, 40-42

14 Jesus came into Galilee, preaching the gospel of the kingdom of God,

15 And saying, The time is fulfilled, and the kingdom of God is at hand: repent ye, and believe the gospel.

16 Now as he walked by the sea of Galilee, he saw Simon and Andrew his brother casting a net into the sea: for they were fishers.

17 And Jesus said unto them, Come ye after me, and I will make you to become fishers of men.

18 And straightway they forsook their nets, and followed him.

40 And there came a leper to him, beseeching him, and kneeling down to him, and saying unto him, If thou wilt, thou canst make me clean.

41 And Jesus, moved with compassion, put forth *his* hand, and touched him, and saith unto him, I will; be thou clean.

42 And as soon as he had spoken, immediately the leprosy departed from him, and he was cleansed.

4. Mark 6 : 32-44

32 And they departed into a desert place by ship privately.

33 And the people saw them departing, and many knew him, and ran afoot thither out of all cities, and outwent them, and came together unto him.

34 And Jesus, when he came out, saw much people, and was moved with compassion toward them, because they were as sheep not having a shepherd: and he began to teach them many things.

35 And when the day was now far spent, his disciples came unto him, and said, This is a desert place, and now the time *is* far passed:

36 Send them away, that they may go into the country round about, and into the villages, and buy themselves bread: for they have nothing to eat.

37 He answered and said unto them, Give ye them to eat. And they say unto him, Shall we go and buy two hundred pennyworth of bread, and give them to eat?

38 He saith unto them, How many loaves have ye? go and see. And when they knew, they say, Five, and two fishes.

39 And he commanded them to make all sit down by companies upon the green grass.

40 And they sat down in ranks, by hundreds, and by fifties.

41 And when he had taken the five loaves and the two fishes, he looked up to heaven, and blessed, and brake the loaves, and gave *them* to his disciples to set before them; and the two fishes divided he among them all.

42 And they did all eat, and were filled.

43 And they took up twelve baskets full of the fragments, and of the fishes.

44 And they that did eat of the loaves were about five thousand men.

5. Isaiah 58 : 6-12

- 6 *Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?*
- 7 *Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?*
- 8 Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy rereward.
- 9 Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, *Here I am*. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity;
- 10 And *if* thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness *be* as the noonday:
- 11 And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.
- 12 And *they that shall be* of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell in.

6. I John 4 : 7-12, 16, 17

- 7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.
- 8 He that loveth not knoweth not God; for God is love.
- 9 In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him.
- 10 Herein is love, not that we loved God, but that he loved us, and sent his Son *to be* the propitiation for our sins.

- 11 Beloved, if God so loved us, we ought also to love one another.
- 12 No man hath seen God at any time. If we love one another, God dwelleth in us, and his love is perfected in us.
- 16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.
- 17 Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world.

7. Hebrews 4 : 16

- 16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Science and Health

1. 412 : 13-15

The power of Christian Science and divine Love is omnipotent. It is indeed adequate to unclasp the hold and to destroy disease, sin, and death.

2. 454 : 17-23

Love for God and man is the true incentive in both healing and teaching. Love inspires, illumines, designates, and leads the way. Right motives give pinions to thought, and strength and freedom to speech and action. Love is priestess at the altar of Truth. Wait patiently for divine Love to move upon the waters of mortal mind, and form the perfect concept.

3. 228 : 25-29 (to 2nd .)

There is no power apart from God. Omnipotence has all-power, and to acknowledge any other power is to dishonor God. The humble Nazarene overthrew the supposition that sin, sickness, and death have power. He proved them powerless.

4. 30 : 14-18

Rabbi and priest taught the Mosaic law, which said: "An eye for an eye," and "Whoso sheddeth man's blood, by man shall his blood be shed." Not so did Jesus, the new executor for God, present the divine law of Love, which blesses even those that curse it.

5. 31 : 12-17

First in the list of Christian duties, he taught his followers the healing power of Truth and Love. He attached no importance to dead ceremonies. It is the living Christ, the practical Truth, which makes Jesus "the resurrection and the life" to all who follow him in deed.

6. 366 : 12-19, 30-9

The physician who lacks sympathy for his fellow-being is deficient in human affection, and we have the apostolic warrant for asking: "He that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?" Not having this spiritual affection, the physician lacks faith in the divine Mind and has not that recognition of infinite Love which alone confers the healing power.

If we would open their prison doors for the sick, we must first learn to bind up the broken-hearted. If we would heal by the Spirit, we must not hide the talent of spiritual healing under the napkin of its form, nor bury the *morale* of Christian Science in the grave-clothes of its letter. The tender word and Christian encouragement of an invalid, pitiful patience with his fears and the removal of them, are better than hecatombs of gushing theories, stereotyped borrowed speeches, and the doling of arguments, which are but so many parodies on legitimate Christian Science, aflame with divine Love.

7. 192 : 23-31

The good you do and embody gives you the only power obtainable. Evil is not power. It is a mockery of strength, which ere long betrays its weakness and falls, never to rise.

We walk in the footsteps of Truth and Love by following the example of our Master in the understanding of divine metaphysics. Christianity is the basis of true healing. Whatever holds human thought in line with unselfed love, receives directly the divine power.

8. 420 : 24-27

Tell the sick that they can meet disease fearlessly, if they only realize that divine Love gives them all power over every physical action and condition.

9. 494 : 5-15

Is it not a species of infidelity to believe that so great a work as the Messiah's was done for himself or for God, who needed no help from Jesus' example to preserve the eternal harmony? But mortals did need this help, and Jesus pointed the way for them. Divine Love always has met and always will meet every human need. It is not well to imagine that Jesus demonstrated the

divine power to heal only for a select number or for a limited period of time, since to all mankind and in every hour, divine Love supplies all good.

The miracle of grace is no miracle to Love.

10. 243 : 4-15

The divine Love, which made harmless the poisonous viper, which delivered men from the boiling oil, from the fiery furnace, from the jaws of the lion, can heal the sick in every age and triumph over sin and death. It crowned the demonstrations of Jesus with unsurpassed power and love. But the same "Mind ... which was also in Christ Jesus" must always accompany the letter of Science in order to confirm and repeat the ancient demonstrations of prophets and apostles. That those wonders are not more commonly repeated to-day, arises not so much from lack of desire as from lack of spiritual growth.

11. 54 : 8-17

Who is ready to follow his teaching and example? All must sooner or later plant themselves in Christ, the true idea of God. That he might liberally pour his dear-bought treasures into empty or sin-filled human storehouses, was the inspiration of Jesus' intense human sacrifice. In witness of his divine commission, he presented the proof that Life, Truth, and Love heal the sick and the sinning, and triumph over death through Mind, not matter. This was the highest proof he could have offered of divine Love.

12. 496 : 9 (Ask)-19

Ask yourself: Am I living the life that approaches the supreme good? Am I demonstrating the healing power of Truth and Love? If so, then the way will grow brighter "unto the perfect day." Your fruits will prove what the understanding of God brings to man. Hold perpetually this thought, — that it is the spiritual idea, the Holy Ghost and Christ, which enables you to demonstrate, with scientific certainty, the rule of healing, based upon its divine Principle, Love, underlying, overlying, and encompassing all true being.

13. 55 : 16-26

My weary hope tries to realize that happy day, when man shall recognize the Science of Christ and love his neighbor as himself, — when he shall realize God's omnipotence and the healing power of the divine Love in what it has done and is doing for mankind. The promises will be fulfilled. The time for the reappearing of the divine healing is throughout all time; and whosoever layeth his earthly all on the altar of divine Science, drinketh of Christ's cup now, and is endued with the spirit and power of Christian healing.

THE DAILY DUTIES

by Mary Baker Eddy

Daily Prayer

It shall be the duty of every member of this Church to pray each day: "Thy kingdom come;" let the reign of divine Truth, Life, and Love be established in me, and rule out of me all sin; and may Thy Word enrich the affections of all mankind, and govern them!

Church Manual, Article VIII, Sect. 4

A Rule for Motives and Acts

Neither animosity nor mere personal attachment should impel the motives or acts of the members of The Mother Church. In Science, divine Love alone governs man; and a Christian Scientist reflects the sweet amenities of Love, in rebuking sin, in true brotherliness, charitableness, and forgiveness. The members of this Church should daily watch and pray to be delivered from all evil, from prophesying, judging, condemning, counseling, influencing or being influenced erroneously.

Church Manual, Article VIII, Sect. 1

Alertness to Duty

It shall be the duty of every member of this Church to defend himself daily against aggressive mental suggestion, and not be made to forget nor to neglect his duty to God, to his Leader, and to mankind. By his works he shall be judged, — and justified or condemned.

Church Manual, Article VIII, Sect. 6

Take Notice

from *Miscellany*, by Mary Baker Eddy, page 237

To Christian Scientists: — See *Science and Health*,
page 442, line 30, and give daily attention thereto.

**“Christian Scientists, be a law to yourselves that mental malpractice
cannot harm you either when asleep or when awake.”**

(S&H, p. 442)

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