

# FORUM HIGHLIGHTS

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ISSUE 155

**SUBJECT: Is The Universe, Including Man,  
Evolved by Atomic Force? –  
December 22<sup>nd</sup>, 2019**

## Albert Einstein and the Golden Text

“Tremble, thou earth, at the presence of the Lord, at the presence of the God of Jacob.” (*Psalms 114:7*)

Earth is translated into heaven to the degree that you, I, and all of us approach God in humility, gratitude, and awe.

It can be argued that Einstein’s great insights and discoveries were, like Mrs. Eddy’s, the direct result of a humble, reverent approach toward God:

“My religion consists of a humble admiration of the illimitable superior spirit who reveals himself in the slight details we are able to perceive with our frail and feeble minds. That deeply emotional conviction of the presence of a superior reasoning power, which is revealed in the incomprehensible universe, forms my idea of God.”

God grant that earth be filled with such scientists as this!

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## “His Wonders in The Deep”

I love the passages in this week’s Responsive Reading about “They that go down to the sea in ships” and the protection that God provides them. The great oceans are great testing waters for one’s faith!

Matthew Henry has some interesting comments:

“Much of the power of God appears at all times in the sea....It especially appears in storms at sea, which are much more terrible than at land....How seasonable it is at such a time to pray. Those that go to sea must expect such perils as are here described, and the best preparation they can make

for them is to make sure a liberty of access to God by prayer, for then they will cry unto the Lord. We have a saying, “Let those that would learn to pray go to sea”; I say, Let those that will go to sea learn to pray, and accustom themselves to pray, that they may come with the more boldness to the throne of grace when they are in trouble. Even heathen mariners, in a storm, cried every man to his god; but those that have the Lord for their God have a present and powerful help in that and every other time of need, so that when they are at their wits’ end they are not at their faith’s end....Thus he carries his people safely through all the storms and tempests that they meet with in their voyage heaven-ward, and lands them, at length, in the desired harbor. How justly it is expected that all those who have had a safe passage over the sea, and especially who have been delivered from remarkable perils at sea, should acknowledge it with thankfulness, to the glory of God.”

I am grateful for the teaching I received here at Plainfield that put great emphasis on the importance of memorizing the 91<sup>st</sup> Psalm, which begins, “He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.” What comfort that has given me time and time again! We have also been taught the importance of remaining in an “attitude of gratitude” — and that when we are grateful, we are safe!

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## God Is In The Midst of Her

*Psalms 46:5-7*

“**God is in the midst of her**; she shall not be moved: God shall help her, and that right early.

“The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.

“The LORD of hosts is with us; the God of Jacob is our refuge.”

From Matthew Henry: “**If God be in our hearts, by his word dwelling richly in us**, we shall be established, we shall be helped; let us trust and not be afraid.” (Emphasis added.)

To me this can be applied to ourselves as one of the most important instructions to have God in our lives, to have Him in all we do; this is the preventative benefit for health and safety not to be ignored. Verse 5 has been used as a counterfact for when the lying suggestion says something is going on in your body. Why can’t this also be a commanding rejection to the claims of stomach troubles and digestive claims?

“God is in my midst! Don’t try me, I am not a poor mortal, but God’s own child” would be a confident response to such claims. Of course, this is only effective if we have been living the Truth, if His word is in our hearts.

This Psalm was about Jerusalem when it was besieged by Assyria; hence it is true today then for all nations, states, counties, cities and towns, homes, and each one of us to **put God first**. God never fails us if we do not deny Him.

Thanks to the Lesson writer for the uplifting and confidence boosting Lesson!

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Thank you. I will be using this before I do my Watches.

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## Sense to Soul

*Science and Health*, p. 566: 1-24

“As the children of Israel were guided triumphantly through the Red Sea, the dark ebbing and flowing tides of human fear, — as they were led through the wilderness, walking wearily through the great desert of human hopes, and anticipating the promised joy, — so shall the spiritual idea guide all right desires in their passage from sense to Soul, from a material sense of existence to the spiritual, up to the glory prepared for them who love God. Stately Science pauses not, but moves before them, a pillar of cloud by day and of fire by night, leading to divine heights.”

S&H 209:21 “...all must give place to the spiritual fact by the translation of man and the universe back into Spirit.”

S&H 321:16 “The illusion of Moses lost its power to alarm him, when he discovered that what he apparently saw was really but a phase of mortal belief.”

I have found Martha Wilcox’s “Scientific Translations,” p.353-369 in her *Addresses* to be very helpful with this concept of translation, to come out from a material world and “see God everywhere all the time.”

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## Take One Citation and Use It Daily

“CREATOR....God, who made all that was made and could not create an atom or an element the opposite of Himself.” Mary Baker Eddy, *Science and Health*, p. 583.

I have been given by my practitioner an excerpt by Martha Wilcox that reads, “Do not fear anything that your present body seems to be doing. Every cell, fiber, tissue, gland, organ, or muscle of the human body exists right now in the one Mind as Idea, and each idea is proclaiming, ‘I am reflecting God, I am expressing God.’ Every cell and fiber of my being is expressing the sovereignty of God, or proclaiming, ‘I AM.’ ”

(To read and listen to the whole chapter click on this link.) [Body – First Article, from Addresses by Martha Wilcox](#)

The instruction from our Roundtable two weeks ago to take one citation from *Science and Health* by Mary Baker Eddy and to use it during the day has reminded me that I need to make sure that I am assimilating what I am reading. Coming to Plainfield is breaking a habit I had of breezing through Mrs. Eddy’s writings or trying to cram words like preparing for an exam. It made me falsely think I was living Christian Science when I was far from it. I am grateful to be here learning how to correctly make this Science practical. When I first called my practitioner here, I was told to write a citation from the weekly Lesson on a card and keep it with me all day. I am grateful for the many times it has helped me meet a particular challenge or center my thinking back on God.

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**SUBJECT: Christian Science –  
December 29<sup>th</sup>, 2019**

**Let The Kingdom of Heaven Reign**

All mankind has the need for freedom from sin, disease and death, and all the fears and misery these bring. What a glorious simple answer to this need; so all may **ACCEPT, OBEY and UNDER-  
STAND!!**

*Science and Health*, p. 248: “Let **unselfishness, goodness, mercy, justice, health, holiness, love — the kingdom of heaven — reign within us, and sin, disease, and death will diminish until they finally disappear.**” (Emphasis added.)

**“He Sent His Word...”**

“He sent his word, and healed them, and delivered them from their destructions.” *Ps.107:20* (Golden Text)

“Deliver – To free; to release, as from restraint; to set at liberty; as, to deliver one from captivity; To rescue, or save.” (*Webster, 1828*)

This text is truly “golden.” It speaks of the blessed activity of Plainfield Church. This church is sending forth God’s Word through this website, its services, publications, and watches; and as a result, it is healing those who are hungry for, and receptive to, this Truth, *delivering* them from their destructions — *false beliefs* of sorrows, hurts, self-engrossment, fears, resentments, etc. This Church with its pure Christian Science teaching (His Word) is the answer to a happy, healthy, fulfilled life.

**...To Seek and To Save That Which Was  
Lost**

*Citation 5: Luke 19: 10 (the Son)*

“...the Son of man is come to seek and to save that which was lost.”

I was thinking about this verse today, and how lost I felt before coming to Plainfield. It occurred to me the supposed “stages of grief” are an opposite process to that which happened to me since becoming a member here, and learning Christian

Science. After all, I haven’t lost something or someone I thought I had; rather I’ve been given back all that I was mesmerized to think I didn’t deserve, could never have, or didn’t exist: God’s love, and the place and purpose He created me for.

*The “stages of grief”:*

1. Denial
2. Anger
3. Bargaining
4. Depression
5. Acceptance

*What I have experienced here:*

1. Amazed (and at first, confused!) that I am accepted!
2. Increasing love for this church, and its mission.
3. Willingness to do whatever I feel God is asking me to do, without stipulations.
4. Finding such joy and purpose in being the expression of God, to the degree I am able.
5. Gratitude to God for unfolding new goodness constantly – instead of a static, unending sense of loss, this wonderful, dynamic sense of ceaseless abundance!

I am so grateful for God, Christian Science, and this church! Thank you!

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**“...Reaches His Patient...”**

“If the Scientist reaches his patient through divine Love, the healing work will be accomplished at one visit, and the disease will vanish into its native nothingness like dew before the morning sunshine.” Mary Baker Eddy, *Science and Health*, p. 365.

“Reach: To extend; to stretch; to arrive at; to penetrate.

Penetrate: To enter or pierce; to make way into; to affect the mind; to cause to feel.”

*Websters 1828 Dictionary*

Many times, it has been brought out here that a resistant state of thinking blocks healing. Jesus healed all problems, but not all people. For so long I focused on the “one visit” part of this citation, but Mrs. Eddy writes, “If the Scientist reaches...,” which I see means *I* have to be reached. What a travesty of Mrs. Eddy’s Science that the opposite of this concept has been perpetuated through false teachings that creates an entitled attitude expecting

a magic wand, one-way experience. I am grateful for the correct understanding that is being taught here with practical application that will break down resistance and prepare thought to be receptive, if you are willing to work for it and allow reformation to take place.

“Will you open or close the door upon this angel visitant...” (*Science and Health*, p. 224)

“...the reappearing of the spiritual idea, blind belief shuts the door upon it...” (*Science and Health*, p. 132)

“Ignorance, pride, or prejudice closes the door to whatever is not stereotyped.” (*Science and Health*, p. 144)

## One must abide in the morale of truth...

### Citation 6: S&H 456

“One must abide in the *morale* of truth or he cannot demonstrate the divine Principle.”

I had previously taken the word “morale” from context to mean whether someone feels good or bad. If morale was high, then you felt good, low meant bad. Obviously from this sentence, there is more to it.

Checking the online *1828 Webster's Dictionary*, I didn't find the word, but found this on Wikipedia (bold added):

“Morale, also known as *esprit de corps*, is the capacity of a group's members to maintain belief in an institution or goal, particularly in the face of opposition or hardship. Morale is often referenced by authority figures as a generic value judgment of the willpower, obedience, and self-discipline of a group tasked with performing duties assigned by a superior. According to Alexander H. Leighton, **“morale is the capacity of a group of people to pull together persistently and consistently in pursuit of a common purpose.”** Morale is important in the military, because it improves unit cohesion. **Without good morale, a force will be more likely to give up or surrender.** Morale is usually assessed at a collective, rather than an individual level. In wartime, civilian morale is also important. *Esprit de corps* is considered to be an important part of a fighting unit.”

When thinking of our church as a “fighting unit” I recalled this from *Watches, Prayers, and Arguments*, given by Mary Baker Eddy, page 94:

“Try not to see mental work as treatment, but as a watch to keep out the enemy. Jesus said, ‘Watch and pray lest ye enter into temptation.’ We have ‘to work out our own salvation,’ and this is one of the ways to do it. We have got all things. Dominion is our right. It is necessary to realize this, by arguing down the evil which says we have not. The enemy will try to make us do wrong, or make us sick, or try to kill us to the end; so we must stand guard, and the way to do it, is to declare that evil cannot do these things. Mortal mind will try in every conceivable way to prevent this thought from being declared. Why? Because it means death to error.”

Coupling all that with one definition of “abide” from the *1828 Webster's* – to be firm and immovable – I spent some time thinking of that initial quote from *Science and Health*, and all that it means to me right now:

I must be firm and immovable in the understanding of, and joy and gratitude for, the truth of Christian Science, and ready to face any “opposition or hardship” if I am to demonstrate that God, good, is all. I must know that I am not alone in this work; I seek support as I need it, and offer support as I can give it, and do my part to ensure the success of our mission.

Certainly gives me much to pray and watch for. Thank you!

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All this reminded me of the following from the *88th Church Manual*, p.50:

**“Violation of Christian Fellowship. SECT. 3.** Any member who shall unjustly aggrieve or vilify the Pastor Emeritus or another member, or who does not live in Christian fellowship with members who are in good and regular standing with this Church, shall either withdraw from the Church or be excommunicated.”

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## Sovereign Antidote For Error

*Science and Health*, p. 495: “Then classify sickness and error as our Master did, when he spoke of the sick, ‘whom Satan hath bound,’ and find a **sovereign** antidote for error in the life-giving power of Truth acting on human belief, a power which opens the prison doors to such as are bound, and sets the captive free physically and morally.” (Emphasis added.)

*Webster’s 1828 Dictionary*

“Sovereign: 1. Supreme in power; possessing supreme dominion; as a sovereign ruler of the universe. 2. Supreme; superior to all others; chief. God is the sovereign good of all who love and obey him.”

Very grateful for the Christian Science teaching of God/Good’s Allness, which makes mortal mind the only culprit in all our temptations — whether the claim calls itself fever, tumor, inflammation, diseased organ, fear, high blood pressure, inhumane laws of any kind, laws of heredity, superstition, witchcraft, insanity, dementia, etc. It is mortal mind, that hidden culprit, we must handle as a nonexistent, powerless, nothingness!

As we persistently cultivate the Christ’s Power and Presence, we can obey the following for our freedom:

“When the illusion of sickness or sin tempts you, cling steadfastly to God and His idea. Allow nothing but His likeness to abide in your thought. Let neither fear nor doubt overshadow your clear sense and calm trust, that the recognition of life harmonious — as Life eternally is — can destroy any painful sense of, or belief in, that which Life is not.” *Science and Health*, p. 495.

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Thank you. This powerful post reminded me of what Mrs. Eddy wrote in *Science and Health*, p. 470- 471:

“The relations of God and man, divine Principle and idea, are indestructible in Science; and Science knows no lapse from nor return to harmony, but holds the divine order or spiritual law, in which God and all that He creates are perfect and eternal, to have remained unchanged in its eternal history.”

SUBJECT: God — January 5<sup>th</sup>, 2020

## To Hear His Voice

What kind of a Father-Mother would that be if we were made not to hear His voice? Often we hear, “but I cannot hear God or I do not feel His/Her presence.” Our Father-Mother is too close for any of those suggestions to be even possible. Let us learn to reject any such deceiving lies and persist in claiming what is ours, as from Deut. 4:36:

“Out of heaven he made thee to hear his voice, that he might instruct thee.”

We reflect all that He is, including the Christ Mind with perfect spiritual understanding/hearing, because God gave us that ability so we can hear Him!

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So important!

*Exodus 23:20*: “Behold, I send an Angel before thee, to keep thee in the way, and to bring thee into the place which I have prepared.”

“ANGELS. God’s thoughts passing to man; spiritual intuitions, pure and perfect; the inspiration of goodness, purity, and immortality, counteracting all evil, sensuality, and mortality” (*Science and Health*, p. 581)

“WILDERNESS....the vestibule in which a material sense of things disappears, and spiritual sense unfolds the great facts of existence.” (*Science and Health*, p. 597)

When faced with any difficulty in my life, before I stretch forth a human-will-inspired hand to steady the ark — before taking any action or speaking any word — I must listen to the angel of God. I must “[w]ait patiently for divine Love to move upon the waters of mortal mind, and form the perfect concept.” (*Science and Health*, p. 454)

Immortal Mind has the answer, a place prepared for me, but I must wait upon God long and often enough to acquaint myself with the Angel of His presence.

Excerpts from “His Angel” (CS Sentinel, May, 1909), by Blanche Hersey Hogue:

“[T]he things required of him who would follow it [the angel of Exodus 23], and the happy results of obedience to it, are clearly stated. God sends His angel to each receptive heart. His highest idea of

good then goes before the mortal, keeping him, bringing him into the prepared place.

“When the promise reads to the student that God will send a pure and perfect spiritual intuition to keep him in the way, and to bring him into the place which God has prepared, the mental process of spiritual guidance can be comprehended. When it is seen that an angel is not an etherealized person, but a right idea, and that such right idea can become a dominating influence in the mind of the individual who cherishes it, mortals need no longer grope in doubt concerning divine help, for they learn that the angel of one’s highest sense of good lies within, not without, the borderland of one’s own thinking, and consequently is an ever-available help in every problem of life. This angel, admitted, understood, and obeyed, fosters the right living which naturally follows right thinking; and so salvation can begin today, and the place which God has prepared can be, in a degree, a present possession.

“The mortal is admonished to ‘beware of him, and obey his voice, provoke him not; for he will not pardon your transgressions.’ Truly, every would-be Christian has long since learned that his highest ideal has no pardon for the unworthy and the base, but holds him unwaveringly to his highest and best performance! ‘For my name is in him,’ continues the record, — the seal of divinity marking every right idea as its own, declaring every pure and perfect thought God’s offspring! Then the promise follows, the reward of obedience: ‘But if thou shalt indeed obey his voice, and do all that I speak; then I will be an enemy unto thine enemies, and an adversary unto thine adversaries.’ By simple obedience to the highest monitor of heart and conscience, right purpose and endeavor are strengthened, and every Christian warrior may find himself *equipped for the battle with the hosts of self*, wherein God’s angel is indeed an adversary unto all the foes of righteous manhood.” (Emphasis added.)

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help, for they learn that **the angel of one’s highest sense of good lies within, not without, the borderland of one’s own thinking, and consequently is an ever-available help in every problem of life.**”

This is so powerful! “The kingdom of God is within you.” All we have to do is *listen*. The moment by moment challenge in a noisy world clamoring for attention, but entirely do-able.

Thank you for these posts, so helpful.

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### **“...And the LORD talked with Moses”**

*From Bicknell Young’s 1930 Association Address:*

“The word ‘Lord’ used in Science, ceases to have any remote or obscure signification. In its true meaning, the word ‘Lord’ is as near to us as is our own thinking or realization of the Truth. As used in the Bible, it should often be understood to mean ‘Christ within,’ the divine idea actively at work in, or as, consciousness. It is thus that the Christ, the actual irresistible Truth about everything, becomes a law to the case and heals the belief of disease.”

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Thank you for this post and the gems you have been sharing on the forum!

Another line from the same section in our Lesson adds, “And the LORD spake unto Moses face to face, as a man speaketh unto his friend.” *Exodus 33:11*

To me it was a beautiful thought that the Christ within was as a friend. Mrs. Eddy tells us to make God a friend, and it is modeled at this church. I happen to come across the selection below by Peter V. Ross. I thought it was a great example of how a friend would communicate with you:

“How Can You Help Yourself? Tell yourself, and do so frequently, that you are the temple of the living God, the place of health, strength, freedom, and buoyancy, and confidence. Say to yourself, ‘I am the temple of the living God; the Lord is in his holy temple, let this world of pain and trouble be still. I am eternal Life on exhibition. I am the place where all-knowing Mind is diffusing courage, wisdom, resourcefulness, keenness of vision, and soundness of judgment. I just have no capacity for failure or sickness.’”

“You are always talking to yourself, and much of the time, if not careful, you are saying what is not true — how old you are getting, how useless you are, how discouraged you feel, and how much you suffer. Every time you think or declare one of these untruths, you add to the mesmerism which is already weighing you down. You would not make another person have any of these distresses, and surely God would not. Stop telling yourself these lies. Refuse to think or argue this way, because every time you do so you take into mentality that which will work against your welfare. The Creator has not made this dream world of weariness, sickness, depression, and you are not deceived by it. Your vision is so clear that you can look right through it and see, beyond, a world of health and dominion.”

So, I can ask myself is this thought how a true friend, the Christ within, would speak to me? If not, I have the right to reject it immediately!

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### **“...Consider It In Thine Heart,...”**

“Know therefore this day, and consider *it* in thine heart, that the LORD he *is* God in heaven above, and upon the earth beneath: *there is* none else.” *Deut. 4:39*

“Consider - To fix the mind on, with a view to careful examination; to think on with care; to ponder; to study; to meditate on.” *Websters 1928 Dictionary*

As I thought of this passage, what it was telling me was, that I have to stop more often in my reading and really consider what it is that is being told to me. Here it is asking me “do you really accept with all your heart that God is all there is “in heaven above” (the invisible), and upon the earth beneath (the visible)? Then I have to accept that there could be no possible circumstance where error of any sort could exist, — be it sin, disease, discord of any kind. It is not possible!! And that’s it!!

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Thank you. I too have been thinking about this truth that there is none other than God. It is a huge concept and brings me back to thinking, and to what am I thinking. I know I can do a better job;

and these other verses help me also: “I am all there is to thee,” “I and my Father are one,” “one with God is a majority.”

Here is the meaning of “none” in *Webster’s 1828 Dictionary*:

1. Not one; used of persons or things. “There is none that doeth good; no, not one.” Psalms 14:1.

2. Not any; not a part; not the least portion. “Six days shall ye gather it, but on the seventh day, which is the sabbath, in it there shall be none.” Exodus 16:26.

3. It was formerly used before nouns; as, “thou shalt have none assurance of thy life.” This use is obsolete; we now use no; thou shalt have no assurance. “This is none other but the house of God”; we now say, no other.

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### **Our God Is Omnipotent, Omnipresent, Omniscient...Our Comforter, Our Help**

Come, ye disconsolate, where’er ye languish,  
Here health and peace are found, Life, Truth,  
and Love;

Here bring your wounded hearts, here tell your  
anguish;

Earth has no sorrow but Love can remove.

Joy of the desolate, light of the straying,  
Hope of the penitent, fadeless and pure;  
Here speaks the Comforter, tenderly saying,  
Earth has no sorrow that Love cannot cure.

Here see the Bread of Life, see waters flowing  
Forth from the throne of God, pure from  
above;

Come to the feast of love, come, ever knowing,  
Earth has no sorrow but Love can remove.

*Hymn 40*